

# Palmerston District Primary

## Issue 6



Dear parents and carers,

The weather has definitely turned and the sun is still shining, and the students have had their winter layers being worn to school; please ensure your child's winter layers be returned if needed.

Is your child anxious about different weather conditions or some of their big emotions at home?

some of their big emotions at no  
discuss any parenting issues? T  
offers several different, free serv  
have various professionals to gu

Some of the programs they offer

Bringing up great kids – helps pa  
children's behaviour – children a

Cool kids – a group for children :

Cool little kids – a group for pare  
help an anxious child

Tuning into kids - a parenting pro  
their own and their children's err  
appropriate limits.

This information has all been tak  
information about all the service:  
the brochure here:

[Child and Family Centres ACT –](#)

We view our relationship with pa  
students in our school. Guiding  
partnership. Parenting is no diffe  
ideas and guidance to make us t

As always, please feel free to coi  
other concerns you have.

Kind Regards,

***Emma Campbell***

**[Palmerston Well Being](#)**

[https://sites.google.com/  
bein/home](https://sites.google.com/bein/home)

As we begin a new term, I would like to share with you what has been shown as we continue to navigate this year. Throughout it all, our staff have continued to plan lessons and create environments where students have persevered, tried their best, and moved into spelling – working with Christine (our spelling consultant) across the term to ensure that all classrooms. Christine has spent time with us to share our strategies and practices for spelling. We have had a partnership with her to look at the data and what is relevant and aimed at improving student outcomes in many different ways. This can be done through observations or conferencing with students on individual writing and spelling goals. We have had the NAPLAN (National Assessment Program - Literacy and Numeracy) in Week Three and Four of this term. It is held on days 7 and 9. It covers areas such as reading, writing, and numeracy. It takes 40-45 minutes to complete each year level test. We have discussed how our community can determine how to support students during this stressful time for all involved. For students, it is a stressful time for all involved. For parents/caregivers, it is a stressful time for all involved. For teachers, it is a stressful time for all involved. We have discussed the pressure and concern for the week of the NAPLAN and for parents/caregivers to prepare their child for testing day. We have discussed participating in NAPLAN (it was a goal for all of us) and the unpredictability of the last couple of years. We have provided time for students to attend to their testing format, and looked at our data to see how we reassured our students and supported them to feel normal for our students to feel normal. We have provided order to assist your child to prepare for the NAPLAN.

- Talk about it with your child – encourage them to talk about their feelings and what they are experiencing.
- Ask questions to understand their perspective and what they need.
- Ensure your child is getting quality sleep and eating well.
- Encourage your child to do their best and to be proud of their effort.
- Stick to your normal routines as much as possible.
- Avoid excessive cramming or last-minute preparation.
- Talk with the classroom teacher about your child's progress and any concerns.

And finally, be positive and ensure one day. While the original author's message is timely;

*"This week you will complete your something very important that you do on the day. It does not assess people who mark these tests do artists, divine dancers or superb confidently in a large group or they respectfully to others. They do not friends can always count on your life attributes that cannot be tested"*

**Marijana Pasalic**

10th-20th May -NAPLAN

13th June-Queen's Birthday  
Holiday

## **Year 6**

This week in Year 6 students conducted an experiment about how solar power works. Students created a device which could heat up 150ml of water. Groups were very inventive and most used foil and black paint in their designs. The winning group's design heated to

39.3 degrees consisted of a cup painted black with a snap lock bag inside to hold the water. The group also put cling wrap on the top of their design. Keep up the great work Year 6!



Expression of Interest

Any families keen to enter this year please contact  
Natalie Edwards. Entries open 16th May

<https://www.interschools.com.au>

### **Get Into Rugby**

Palmerston Primary are hosting a program for the Canberra  
Eagles and Brumbies Canberra clubs to go. The program will run for 4  
a go. The program will run for 4 weeks. We have  
to participating families. We have  
will be for years 3 and 4, and term  
interested, please email [Natalie.edwards@ed.act.edu.au](mailto:Natalie.edwards@ed.act.edu.au)

<https://evenplayingfield.com.au/products/palmerston-district...>

### **School House T-shirts**

School House T-shirts are now available  
the website

<https://evenplayingfield.com.au/products/school-house-t-shirts>

### **Thank you to ALL the students**

A huge thank you for the effort s  
program this term. Together we  
towards vital heart research and

We've loved seeing so many smi  
lessons. Our Jump Off Day was :  
day below.

### **Natalie Edwards**

HPE Specialist

[Natalie.edwards@ed.act.edu.au](mailto:Natalie.edwards@ed.act.edu.au)

### **PARTICIPATION**

Sam - 2B Ryan - 1R Isabella - 1  
Blake - KY Grace - 1G

Hawa - 1G

### **RESPECT**

Luke - 1O Illiyen - 1Y

## **INTEGRITY**

Sophia - KY

## **DETERMINATION**

Kingston - 2B Iyaaz - 1B Eli - 1C  
Leonidas - 2I Dhieu - 2V

## **EMPATHY**

Briar - 1R Apajok - 2Y Gabriella

Yuma Palmerston Community.

Hope you had a refreshing break  
landscape on either Ngunnawal

We have formed a Cultural Integ  
the school. The Committee will k  
culture, resourcing, staff profess  
Plan (RAP). A RAP is a formal st  
and targeted RAP will complime  
whole school culture of respect.

If you are interested in being par  
[adam.chad@ed.act.edu.au](mailto:adam.chad@ed.act.edu.au).

To learn more about RAPs, pleas

Maaruba

**Leah Brideson | Cultural Integi**

ACT Aboriginal and Torres Strait

Palmerston District Primary Sch

E: [leah.brideson@ed.act.edu.au](mailto:leah.brideson@ed.act.edu.au)

*Kamilaroi Yinarr – Kamilaroi Won*

I acknowledge the traditional cus  
on, the Ngunnawal people. I also  
across Australia. I pay deep resp  
their eternal spiritual connection  
y.lanha ngaya (I respect Country

## **Election Day BBQ 21st May!**

WE NEED YOU!

Can you volunteer to help us run the sausage sizzle at the polling station at Palmerston Primary?

We need people to help set up, pack up and cook and sell our wares!

You can sign up here: <https://forms.gle/NCuzCxeR1zmHBbwe9>

Questions? Contact us at [palmpandc@hotmail.com](mailto:palmpandc@hotmail.com)

## **Next P&C Meeting**

7pm Monday 9th May 2022

Via Zoom <https://us02web.zoom.us/j/81917869926>

All welcome



## School Uniform Shop

Second hand uniforms can be ordered through the My School Connect App under Uniform Shop.

The school is asking for any small (size 4-8) donations of pants, skirts, undies etc to be used in our first aid room. If you could please drop them to the front office. If your child has come home with borrowed school clothes can you please wash and return them.

## Canteen News

The canteen is operated by Healthy-Kids Association.

The canteen is open for online orders Tuesday to Friday

Counter sales are available for recess snacks, drinks & ice blocks.

Your student can order via **[myschoolconnect.com.au](https://myschoolconnect.com.au)**

Interesting items such as honey soy chicken, pasta bolognese, salads, muffins, and lots more are available.

## **NAPLAN ONLINE 2022 – UPDATE FOR YEAR THREE AND YEAR FIVE FAMILIES**

ACT schools will participate in NAPLAN Online testing from 10-20 May 2022. The practice familiarisation tests are now available online, and will be open until the 22 April 2022. Students have already begun exploring the format at school. The practice test does not assess student performance. You can become familiar with NAPLAN Online tests by visiting the public demonstration site, <http://bit.ly/naplanonline>. By engaging in this you may be able to assist your child with understanding the type of items/questions they will see on NAPLAN Online and the related functionalities on this site. Please refer to communication sent home earlier in the week regarding this. Further information explaining tailored testing can be found at <https://bit.ly/2PgG7rL> and [www.nap.edu.au/online-assessment/naplan-online](http://www.nap.edu.au/online-assessment/naplan-online).

Thank you,

**Miss Pasalic**

### **RAT TESTS**

The ACT Education Directorate will no longer be asking schools to distribute two RAT's per week to students. Instead from the commencement of week 9, RATS will be provided on an as needed basis for all students in ACT schools. Schools will hold a supply of RATS that can be sent home with students at the request of a parent/carer (2 per student) if required or can be collected from the Front Office between 8.30am to 3.30pm.

In the event that you require RAT tests please email [info\\_palmdps@ed.act.edu.au](mailto:info_palmdps@ed.act.edu.au) stating

Child's name

Class

RAT tests will then be given to your child to bring home and a confirmation email sent to you that this has occurred. If students are not attending school when requesting tests, or are subject to isolation or quarantine requirements, families can make alternative arrangements to collect RATs through a relative, neighbour or other student.

If you have any queries please feel free to contact the Front Office on 61421440.

### **Rapid-Antigen-Tests, Symptoms, When to get tested**

[https://www.covid19.act.gov.au/stay-safe-and-healthy/symptoms-and-getting-tested/when-to-get-tested/\\_recache#Rapid-Antigen-Tests](https://www.covid19.act.gov.au/stay-safe-and-healthy/symptoms-and-getting-tested/when-to-get-tested/_recache#Rapid-Antigen-Tests)

### **Public Health Alert-protect against Mosquito Bites**

<https://health.act.gov.au/public-health-alert/public-health-alert-protect-against-mosquito-bites>

### **eSafety resources for families**

The Office of the eSafety Commissioner and the Australian Federal Police 'Think U Know' program has websites with the following resources to help families support their child or young person to develop their understanding of issues that can impact them online and to develop help-seeking behaviours if things go wrong.

- Office of the eSafety Commissioner: [eSafety Parent Resources](#)
- Fact sheet: Hard to have conversation

- Fact sheet: [Hard to have conversation](#)

- Free live [Webinars for parents and carers](#) | [eSafety Commissioner](#)
- Fact sheet: [Resources](#) | [ThinkUKnow](#)

### **Stranger Safety**

This is reminder to help our children understand the importance of stranger safety and th need to report any unusual incidents or approaches to staff immediately.

If you become aware of an incident, or notice anyone acting suspiciously around a school or child, contact police immediately on 131 444 or in the case of an emergency call 000. I you witness incidents or if you have any information that could assist Police, contact Crim Stoppers on 1800 333 000. Information can be provided anonymously.

Please support us to keep our children safe by having conversations about moving safely around the community and what to do if they ever feel unsafe. You may wish to visit the Australian Federal Police website for tips on [Child Safety](#) or the [Safety4Kids](#) non-government website for useful information and links. The [Constable Kenny website](#) also h a number of tips for parents.

The school and the Education Directorate will continue to work with ACT Policing on this issue.

Dear families,

Welcome back to term 2 families. I hope you all had a lovely break.

I am very pleased to be able to run Defence club again which started this week. In the clu we host a large variety of activities such as crafts, games, dancing etc. My main focus for the club is to create a fun and supportive environment for the defence students to get together once a week and meet new students and create strong friendships. Students are welcome to bring 1 friend along with them each week. The friend does not need to be fro a defence family.

The next 2 weeks I have borrowed a memorial box from the AWM for the students to have look through and share stories from the past and any stories they would like to share with the group. Our new legacy bears will be making an appearance as well. If you have any questions about the club feel free to send me an email.

**Senior club, year 3-6- Tuesdays at 11:30am, first half of lunch in Pod 7**

**Junior club year K-2- Wednesdays at 1pm, first half of lunch Pod 2.**

**Kristle Cross | Defence School Mentor**

Enrolments for the 2022 school year are opening 6am Tuesday 26th April for 2023 with the initial round closing at 11.59pm on 3rd June 2022

Every ACT public school is a great school, and if Palmerston District Primary School is your local priority enrolment area (PEA) school your child is guaranteed a Kindergarten to Year Six place here.

Your best source of information for enrolling is the Education Directorate website [education.act.gov.au](http://education.act.gov.au) or the Enrolments Telephone Service (02) 6205 5429. You can also contact us about enrolments directly by emailing [PalmerstonPS.Enrolments@ed.act.edu.au](mailto:PalmerstonPS.Enrolments@ed.act.edu.au)

Preschool

Every four-year-old is guaranteed 15 hours of preschool

Enrolment timeline for 2023 [2023-enrolments-timeline-public.pdf \(act.gov.au\)](#)

You can contact our school using our details below.

**Palmerston District Primary School**

80 Kosciuszko Ave

Palmerston, ACT

6142 1440

[info\\_palmdps@ed.act.edu.au](mailto:info_palmdps@ed.act.edu.au)

Visit us on the web at [www.palmdps.act.edu.au](http://www.palmdps.act.edu.au)

Made with Microsoft Sway

Create and share interactive reports, present personal stories and more.

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