



ACT
Government

Education

Palmerston Post

6 June 2019
Week 6, Term 2



Board Chair: Lisa Fior **Board Members:** Parent Reps: Adam Davidson and Kate Baron

Teacher Reps: Jessica Lago and Maxine Green

P&C President: Lisa Fior

Principal: Kate Smith **Deputy Principals:** Haeley Simms (A/g) & Kylie Moller (A/g)

Executive Teachers: Matt Gowen, Felicity McNeice, Catherine Griffin (A/g)

ASSEMBLY:

7 June Junior - KFD & KKA

14 June Whole school - 5/6CW & 5/6KB

21 June Junior - KGM, KMC & KGS

DATES TO REMEMBER:

10 June Queen's Birthday public holiday

12 June Christian Education

14 June Year 3/4 Birrigai Camp

14 June Whole School Assembly

17 June Preschool Photos (beginning)

20 June Whole School Photos

21 June Year 3/4 Indonesian Arts
Workshop

24 June Hatching Chicks (Preschool)
26 &

27 June Kindergarten Health Checks

NOTES:

School Photos - Sibling photo and
spare envelopes are
available in the front
office

Indonesian Arts Workshop (Year 3/4)

PRINCIPALS' MESSAGE

Can you believe we are over half way through term 2? I have now been here six weeks and every day I learn something new, meet someone new and try something new. I'd like to start off by expressing my gratitude to the parents, family and friends who came along to our Athletics carnival last Friday. It is wonderful to see support in timekeeping and cheering! I loved meeting a grandma who drove all the way from Orange, NSW early that morning to support her grand-daughters! How beautiful is that?

I loved the manner in which our house captains cheered and inspired their teams ALL day with fabulous war cries, encouragement and indeed, it was not surprise that by the end of the day voices were very hoarse. Congratulations again to all our athletes for a speedy day, and also for the positive sporting attitude expressed by so many of our students.

This week we celebrate another junior school assembly and I ask respectfully, that audience members, and their younger children – please show respect for the class who are hosting, by remaining in your seats. We know these times can be very exciting, but is quite distracting to have little people running and making noise – thank you for your cooperation. We are a PBL school - Positive Behaviours for Learning – so helping with being a great audience means this is excellent modelling for our host class.

Please remember to get in touch with any ways you might be willing to further support the learning programs at our school. I am particularly keen to send out a survey shortly to find out your thoughts around technology in the classroom, so please keep an eye out for that.

Until next time, enjoy the long weekend, keep warm and keep curious!

Kate Smith

P&C BOARD NEWS

P&C: 24 June 2019

All P&C activities, meeting agendas and minutes are available from the school website at – [Parent Corner](#)

School Board: 24 June 2019

Year 3 News

Year 3 ventured to the theatre to watch Billionaire Boy. Much fun was had on the bus trip with the race to see Telstra Tower! We were all dazzled by the acting, props and drama which brought the story to life.



Recently we had so much fun participating in the Athletics carnival. Palmy joined us and we all showed our PRIDE and PBL values by cheering for our teams and schoolmates and showing great sportsmanship.



Our year 3 students were amazing speakers and listeners during the 2019 Rostrum. Congratulations to everyone who participated and our year 3 finalists.

Defence News

Big thanks to our Defence Kids Club and friends who assisted making Care Packages for Defence Force members deployed over in Afghanistan. We recently received a couple of badges and a letter of thanks from Glen Burcher, a Wing Commander in the Royal Australian Air Force.



28 April 2019
Camp RS, Kabul, Afghanistan

Hello Teachers and pupils from Palmerston District Primary School,

Today the Australian Defence Force personnel at Camp RESOLUTE SUPPORT, in Kabul Afghanistan, received a consignment of 180 care packages that had been sent by incredibly kind and caring folk back in Australia. I was lucky enough to be handed a package that had come from the Palmerston District Primary School, down in the ACT.

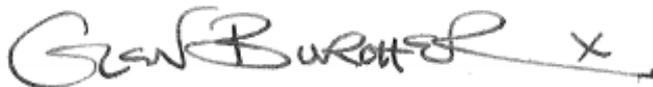
I have only been out here 2 months, and it will be another 7 and a half months before I get back to my wife and two daughters back in New South Wales. Getting a package from home is always special, but it is even more so at Easter, around ANZAC Day, or at Christmas. Opening your care package put a big smile on my face and I thank-you from the bottom of my heart for the thought and love that you all put into that box of goodies. I particularly loved the 2 pictures that your children had coloured-in for us; both of which now have pride of place up on the wall in our workspace.

I loved the poppy picture and the message of support from your children, as well as the pack of playing cards, lollies, lip-balm, protein balls and hand cream. The lip-balm and hand cream have been really useful as it has been very dry and dusty over here recently (although there was snow everywhere when I arrived). My favourite treat was the Kit-Kat bar though, as I haven't tried a mint version before. I even let one of my American Air Force colleagues have a little piece, and I think he might now be an Australian Kit-Kat convert!! Your care package has certainly made me feel special and brightened my day!!!!!!

Please accept my thanks for your children's drawings and for this incredibly thoughtful gesture of support.

I've enclosed a couple of the badges that we wear on our uniform, as a small thank-you. We are all immensely proud to serve you and all the other lovely folk back home, and to try and keep our nation safe. It's good to know that you are thinking of our welfare while we carry out our duties and fly the flag for Australia over here.

Lots of love from,



Glen Burcher

Wing Commander (Royal Australian Air Force)

Headquarters RESOLUTE SUPPORT,

Kabul, Afghanistan

Positive Behaviours for Learning (PBL)



PBL at Palmerston



Our whole school focus, for recognising positive behaviours outside the classroom, for

weeks 7 and 8 (term 2) are....

- We put our rubbish in the bin
- We care for our belongings and keep them tidy

Enrolments for 2020

Enrolments for the 2020 school year opened on 29 April 2019. All ACT children are guaranteed a place in their local public school for Kindergarten to year 12. However, due to growth in recent years in enrolments in the public system, some schools no longer have the capacity to take “out of area” enrolments. These schools have been identified as “Category A” schools and a list appears on the Education Directorate website.

You will not be able to seek enrolment for your child at one of these schools unless you live within the school’s priority enrolment area (i.e., the school’s geographic zone). All schools will, however, consider cases where there are legal issues, or exceptional circumstances based on student wellbeing. To avoid disappointment, you are encouraged to check the information on the Education Directorate’s website so you can make the best decision for your family from the options available.

Semester One Reports 2019: Parent Information Sessions

Palmerston District Primary School has been selected to pilot the new Education Directorate report format. This format will be common for students across all Kindergarten to Year 10 schools. The report is generated through the Student Administration System (SAS). Semester One reports will be emailed to parents. Please read the two fact sheets attached.

We will be holding parent information sessions to provide further information regarding the changes in the reporting process for K-6 students. If you feel you need more information in addition to the fact sheets provided or have questions, please feel welcome to attend an information session.

Wednesday June 12, 5:30 – 6:00pm in the Library

Reporting Student Achievement in ACT Public Schools

In 2019 the Education Directorate are introducing a common report format, for students in Kindergarten to Year 10, through the new Student Administration System (SAS). This change will occur via a staged implementation process, with some schools piloting the new report format in Semester 1, 2019.

Reporting Student Achievement in ACT Public Schools

The ACT public school system has a tradition of excellence in education and is a national leader in the implementation of the Australian Curriculum. The introduction of the Australian Curriculum and the use of common Achievement Standards to measure children's learning has improved the already high levels of parent confidence in our schools. Reporting using the Achievement Standards will build on the ACT's strong tradition of providing families with detailed information on the progress of their children.

Under ACT and Commonwealth legislation and regulations all schools are required to provide written reports of student achievement twice a year to parents of students in Preschool to Year 12. In the past there have been school-based formats for students in preschool – Year 10. All Year 1-12 students are required to receive grades using an A-E scale.

In 2019 the Education Directorate are introducing a common report format, for students in Kindergarten to Year 10, through the new Student Administration System (SAS). This change will occur via a staged implementation process, with some schools piloting the new report format in Semester 1, 2019.

What is the same?

All reports to students from Kindergarten to Year 10 have always included and will continue to include the following information:

- academic achievement in relation to the prescribed ACT curriculum and associated achievement standards for each subject studied
 - for students in Kindergarten, a five-point scale is used to indicate academic achievement
 - for students in Years 1 to 10, a five-point A-E scale is used to indicate academic achievement
- for students in Years 1 -6, student effort in each learning area
- for students in Years 7-10, work habits in each learning area
- personal and social capabilities

A college-based format remains in place for students in Years 11 and 12 and is governed by the Board of Senior Secondary Studies (BSSS).

Preschool reports will continue to be provided using a school-based report format.

What is different?

Previously school-based reports have allowed schools to make decisions regarding the detail included against a learning area. For example some schools reported against English using the different strands e.g. writing, reading, viewing, listening and speaking. Whilst some other schools reported against English using school generated outcome statements.

The new system report format uses information directly from the subject area Achievement Standards outlined in the Australian Curriculum. Achievement Standards set the goal for what all students should learn as they progress through their school life. From the first year of schooling to Year 10, students develop knowledge and skills in eight learning areas:

- | | |
|---------------------------------------|---|
| ➤ English | ➤ The Arts |
| ➤ Mathematics | ➤ Technologies |
| ➤ Science | ➤ Languages |
| ➤ Health and Physical Education (HPE) | ➤ Humanities and Social Sciences (HASS) |
| | ➤ |

Each learning areas contains content descriptions accompanied by **Achievement Standards** that describe what students will know and will be able to do as a result of teaching and learning in the classroom. Schools will select when they report against different sentences in the **Achievement Standard**. The new SAS generated report format will help ACT public schools to provide greater consistency when reporting student achievement to families.

The Australian Curriculum is accessible to all students and there is parent friendly information available via the following link <https://www.australiancurriculum.edu.au/parent-information/>

In the ACT, student work at standard is considered a 'C' grade which indicates the student is on track and demonstrating achievement at the standard. A 'C' grade is to be celebrated.

Families will be provided with an opportunity to provide feedback in early term 3.

This is the template for the explanation page that appears at the beginning of all school reports. The contents and overall layout are part of the Directorate template which schools must use. Most of the wording is set in the template, except the areas indicated.

Schools write this section.

About this report

EXAMPLE - This report is designed to give a clear picture of your child's development and achievement in relation to play-based learning and the Australian Curriculum. Every student is unique, with different needs and interests. Teachers use the curriculum to plan in ways that respond to those needs and interests. The Australian Curriculum is flexible, allowing schools and teachers to personalise student learning.

Scale Overview

Your child's achievement for each subject is reported against the Australian Achievement Standards using the following five point scale:

A - Outstanding:	Demonstrating outstanding achievement of the standard
B - High:	Demonstrating a high achievement of the standard
C - At Standard:	Demonstrating achievement at the standard
D - Partial:	Demonstrating partial achievement of the standard
E - Limited:	Demonstrating limited achievement of the standard
S - Status:	Indicates that circumstances have prevented the student from being assessed against the individual achievement standard sentence, or there is insufficient evidence to award an overall grade

Comparison of student achievement in subject/key learning areas

The school's front office can provide you with a separate report containing A-E comparative data. This report will show the number of students in each of the achievement levels from A-E. This report will only be provided for cohort groups of greater than 10 students.

Plan (PI) reference

A, P indicates that the student has been assessed against an adjusted curriculum based on their learning needs. Their learning sits outside the learning described in their equivalent year level achievement standards.

Personal and Social Capabilities and Habits

Your child's capabilities for social awareness and social management, self awareness and self management as well as work habits are reported using the following 4 point scale:

C - Consistently:	Consistently demonstrates the habit/capability
U - Usually:	Usually demonstrates the habit/capability
S - Sometimes:	Sometimes demonstrates the habit/capability
R - Rarely:	Rarely demonstrates the habit/capability

Attendance for 04/02/2019 - 05/07/2019

Whole Days Absent	0	Partial Days Absent	0
Explained Whole Days Absent	0	Explained Partial Days Absent	0
Unexplained Whole Days Absent	0	Unexplained Partial Days Absent	0

These sections are provided by the Directorate and detail how to read and understand different parts of the report.

This section provides information about the child's attendance and is filled based on school attendance records.

Schools may select to write this section to outline the work covered.

Mathematics

Grade: B

Schools can choose to include a short description of the course or work covered in the learning area. This is optional.

	Status	Limited	Partial	At Standard	High	Outstanding
Amelia...						
Solves problems involving the comparison, addition and subtraction of integers				✓		
Makes the connections between whole numbers and index notation and the relationship between perfect squares and square roots					✓	
Solves problems involving percentages and all four operations with fractions and decimals					✓	
Compares the cost of items to make financial decisions						✓

Work Habits	R	S	U	C
Effort in Learning Area			✓	
Is punctual to class				✓
Works cooperatively		✓		
Completes and submits work on time			✓	
Respects others' right to learn				✓
Is appropriately prepared for lessons			✓	
Works independently				✓

R = Rarely, S = Sometimes, U = Usually, C = Consistently

Teacher Comment

Lorem Ipsum is simply dummy text of the printing and typesetting industry. Lorem Ipsum has been the industry's standard dummy text ever since the 1500s, when an unknown printer took a galley of type and scrambled it to make a type specimen book. It has survived not only five centuries, but also the leap into electronic typesetting, remaining essentially unchanged. It was popularised in the 1960s with the release of Letraset sheets containing Lorem Ipsum passages and more recently with desktop publishing software like Aldus PageMaker including versions of Lorem Ipsum.

Teacher: William Sheppard

This is the template for a learning area page. The overall layout is set in a Directorate template and includes a grade, description of the course or work covered, performance, an indication of student effort and teacher comment.

These descriptions of learning, Achievement Standards, come from the Australian Curriculum and must be reported against.

The Work Habits are set in the template. For high schools this is provided for each subject; in primary schools this is represented as effort in learning area per subject.

Teachers write this section.

On the final page of the report is the Personal and Social Capability table which is drawn from the General Capabilities in the Australian Curriculum.

Personal and Social Capability:

Social Awareness and Social Management	R	S	U	C
Demonstrates respect for others				✓
Appreciates different points of view			✓	
Develops respectful relationships		✓		
Collaborates with peers	✓			
Self-Awareness and Self-Management	R	S	U	C
Recognises and expresses emotions appropriately			✓	
Seeks assistance when required			✓	
Works towards learning goals			✓	
Manages time effectively			✓	
Works independently and shows initiative				✓

R = Rarely, S = Sometimes, U = Usually, C = Consistently

The new common report format uses information directly from the subject area Achievement Standards outlined in the Australian Curriculum. Achievement Standards set the goal for what all students should learn as they progress through their school life. From the first year of schooling to Year 10, students develop knowledge and skills in eight learning areas:

- English
- Mathematics
- Science
- Health and Physical Education (HPE)
- Humanities and Social Sciences (HaSS)
- The Arts
- Technologies
- Languages

Below are some examples of Achievement Standard statements that may appear on a student report. Students will be allocated an achievement level against each sentence using a five-point scale: limited, partial, at standard, high or outstanding. The student will also receive an overall grade for the learning area using a five-point A-E scale.

Some example **English** statements that may appear on a report:

Foundation/ Kindergarten	Year 4	Year 9
They read high-frequency words and blend sounds orally to read consonant-vowel-consonant words.	They fluently read texts that include varied sentence structures, unfamiliar vocabulary including multisyllabic words.	They select evidence from texts to analyse and explain how language choices and conventions are used to influence an audience.
Their writing shows evidence of sound and letter knowledge, beginning writing behaviours and experimentation with capital letters and full stops.	Students create texts that respond to issues, interpreting and integrating ideas from other texts.	Students create texts that respond to issues, interpreting and integrating ideas from other texts.

Some example **Mathematics** statements that may appear on a report:

Foundation/ Kindergarten	Year 4	Year 9
Students count to and from 20 and order small collections.	They recognise common equivalent fractions in familiar contexts and make connections between fraction and decimal notations up to two decimal places.	They recognise the connections between similarity and the trigonometric ratios.
Students connect events and the days of the week.	Students use scaled instruments to measure temperatures, lengths, shapes and objects.	They make sense of the position of the mean and median in skewed, symmetric and bi-modal displays to describe and interpret data.

Some example **Science** statements that may appear on a report:

Foundation/ Kindergarten	Year 4	Year 9
They suggest how the environment affects them and other living things.	They describe how contact and non- contact forces affect interactions between objects. They identify when science is used to understand the effect of their	They explain global features and events in terms of geological processes and timescales. Students design questions that can be investigated using a range
Students share and reflect on observations, and ask and respond to questions about familiar objects and events	They use provided tables and column graphs to organise data and identify patterns. They suggest reasons why their methods were fair or not.	They design methods that include the control and accurate measurement of variables and systematic collection of data and describe how they considered ethics and safety. They analyse trends in data, identify relationships between variables and reveal

Some example **HPE** statements that may appear on a report:

Foundation/ Kindergarten	Year 4	Year 9
Students recognise how they are growing and changing.	Students recognise strategies for managing change.	Students critically analyse contextual factors that influence their identities, relationships, decisions and behaviours.
They identify actions that help them be healthy, safe and physically active.	They investigate how emotional responses vary and understand how to interact positively with others in a variety of situations.	They evaluate the outcomes of emotional responses to different situations
They describe how their body responds to movement.	They use decision-making and problem-solving skills to select and demonstrate strategies that help hem stay safe, healthy and active.	They apply and transfer movement concepts and strategies to new and challenging movement situations.
They perform fundamental movement skills and solve movement challenges.	They refine fundamental movement skills and apply movement concepts and strategies in a variety of physical activities and to solve movement challenges.	They apply criteria to make judgements about and refine their own and other's specialised movement skills and movement performances.

There is parent friendly information available on the Australian Curriculum via the following link <https://www.australiancurriculum.edu.au/parent-information/>

In the ACT, student work at Standard is considered a 'C' grade which indicates the student is on track and demonstrating achievement at the standard. **A 'C' grade is to be celebrated.**

You will be provided an opportunity to provide feedback on the new system generated common report format early in term 3.

UPCOMING EVENTS

Christian Education:

Date: **Wednesday 12 June 2019**

Location: PDPS Hall

Year 3/4 Day Camp

Date: **Friday 14 June 2019**

Location: Birrigai

Preschool (beginning) - School Photos

Date: **Monday 17 June 2019**

Location: PDPS

Whole School Photos (including end of week Preschool)

Date: **Thursday 20 June 2019**

Location: PDPS

Preschool Hatching Chicks Program

Date: **Monday 24 June 2019**

Location: Palmerston Preschool

Kindergarten Health Checks

Date: **Wednesday 26 June & Thursday 27 June**

Location: PDPS

Protect yourself and your family from the flu

Getting vaccinated is the best way to prevent your family getting the flu this winter. The flu vaccine can save a child's life.

The vaccine is safe, and everyone 6 months of age and over, including pregnant women and young children, should get the vaccination.

Children are more likely to contract the flu, spread it around, and are at a higher risk of serious complications if they get sick. The flu is highly contagious and is spread easily through childcare centres and schools.

The flu vaccine is free in the ACT for:

- children aged 6 months to under 5 years
- pregnant women
- people 65 years of age and older
- all Aboriginal and Torres Strait Islander people aged 6 months and older, and
- people aged 6 months and older with some medical conditions such as severe asthma, heart or lung disease, diabetes or weakened immune systems.

Where to get your flu vaccination

Everyone can get a flu vaccine from their GP or immunisation provider.

People over 16 years of age can also get a vaccine at some pharmacies.

ACT Government Early Childhood Immunisation Clinics provide a free flu vaccination for children aged 6 months to under 5 years. To book an appointment, call Community Health Intake on 02 5124 9977.

Learn more about influenza and where to get your vaccination at health.act.gov.au/flu





With winter upon us, it's important to remember that Canberra has lots of health options that don't involve a trip to a hospital emergency department. Many of these are free and available after hours.

Walk-in Centres provide free, one-off treatment of minor injury and illness, including colds and flu. They're a great choice for children over 2 years of age – children under 2 should see their GP.

Walk-in Centres are open from 7.30am to 10pm, every day of the year. They are staffed by highly skilled nurses who can provide you with a sick certificate and in some cases, medication, saving you time and money.

The service is free and no appointments are necessary.

Walk-in Centres are located in Tuggeranong, Belconnen and Gungahlin.

To find out more about getting the right health care for your symptoms, visit

www.act.gov.au/yourhealthoptions



SENSE RUGBY

Does your child need help to be part of a team or a group?

Sense Rugby is a rugby based Occupational Therapy program and we are teaming up with Just Right Therapy Services, Craig Robberds Coaching and Wests Rugby to launch in Canberra.

We are also generously supported by University of Canberra Faculty of Occupational Therapy.

We use modified rugby drills to help kids:

- Process sensory information
- Focus on activities
- Work on their coordination
- Manage their emotions
- Have fun with other kids!

Come and try it at our launch day! Not only will it be free and fun, it will also be run by Australian Rugby Sevens Olympian – Jesse Parahi.

When: Sunday, 23 June 2019

Time: 10.30am – 3.30 pm

Where: Weetangera Oval on Southwell St, Weetangera



Sign up on our website at

www.senserugby.com.au/sign-up-for-free-launch-dates-here/
or contact us on Hello@senserugby.com.au

Our Founders

Jesse Parahi

Jesse has been a regular fixture in the Rugby Sevens World Series for the past 6 years. He won a bronze medal at the Glasgow Commonwealth Games in 2014, participated in the Sevens Rugby World Cup in Moscow and was awarded the 2012 RUPA Rugby sevens excellence award. In 2015, he helped the team qualify for the Olympics in Rio and became an Australian Olympian in 2016.



Carlien Parahi

Carlien is an experienced Paediatric Occupational Therapist who spends her days helping children and their families to get to the bottom of learning, developmental and social-emotional delays. She has significant experience in helping parents to understand more about and help children to overcome or improve Sensory Processing Disorders/difficulties, delays in gross motor or fine motor skill development, Autism Spectrum Disorders, Social-emotional difficulties, ADHD and many more. Carlien has a special interest in sport and its therapeutic use. Her empathetic nature and knowledge in child development has helped hundreds of children become more successful at their daily activities.

GET IN TOUCH

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INSTAGRAM: @SENSERUGBY



Upcoming Ideas X Change on how we can all help reduce violence and bullying in schools

Building Strong and Safe Communities for Learning is a partnership project between the ACT Education Directorate and the ACT Council of Parents and Citizens Associations (P&C Council). Parents, students, principals and teachers are working together to reduce violence and bullying in schools. Initial workshops received amazing feedback, join us to have your say.

Details: www.education.act.gov.au/ideas-xchange



You are invited to the Ideas Xchange..A Different Conversation

We've heard your ideas about reducing violence and increasing safety in schools, help us make it happen, join us for an Ideas Xchange...

Purpose: Help us build strong and safe communities for learning.

We need you: experience and insights to test and provide feedback on the suggestions and ideas to reduce and better respond to violence in our schools.

Location: Meeting room 11, Hedley Beare Centre for Teaching and Learning, Fremantle Drive Stirling, 2611

Hosts: P&C Council and Education Directorate

Time	Date
6:45 - 8:30 pm	Wed 12 June
8:00 – 9:30 am	Thurs 13 June
3:45 – 5:30 pm	Thurs 13 June
9:45 – 11:30 am	Fri 14 June
6:45 – 8:30 pm	Mon 17 June

Catering: Light refreshments post event

Parking: Free Onsite

RSVP/Bookings: <https://www.education.act.gov.au/ideas-xchange>

If you require any further information relating to the Ideas XChange, please don't hesitate to contact Ms Leanne Ballard, Assistant Director Strategic Policy on Leanne.ballard@act.gov.au or 62052912.

We look forward to working with you to build strong and safe communities for learning.

COMMUNITIES @ WORK

Communities@Work

SCHOOL HOLIDAY PROGRAM
8-19 JULY**Holiday fun
starts here!****PALMERSTON**For more information visit commsatwork.org/enrolPhone **1300 212 273** or email enrolments@commsatwork.org**Please bring:** Morning tea, lunch, hat, and a drink bottle

*Limited places available, book early to reserve



Monday 8 July

Mini Cities

Today we're staying at service and using all sorts of materials to create our own mini city. We might use recyclables, the natural environment, or craft materials. If you think of a way to make a city, we'll try it.

In-Service

Monday 15 July

The King & Queen of Green

We're treated to a show from Eaton Gorge Theatre Company about the Rubbish Realm. The show deals with environmental issues including pollution, packaging, and landfill and how we can reduce our negative impact on our environment.

12:00pm-1:00pm Incursion

Tuesday 9 July

Movie: Toy Story 4

Today going to see Toy Story 4! Woody, Buzz and the rest of the gang embark on a road trip with Bonnie and a new toy named Forky. We'll join them as their adventure turns into an unexpected reunion.

9:00am-12:30pm Excursion

Tuesday 16 July

Movie: The Secret Life of Pets 2

Today we head to Hoyts to see The Secret Life of Pets 2. We join Max and Duke as they encounter canine-intolerant cows, hostile foxes, and a terrifying turkey, all while Max learns how to deal with his anxiety.

9:00am-12:30pm Excursion

Wednesday 10 July

Insane Impro

Children will be mesmerised by this special workshop. Self-expression, public speaking, lateral thinking and cooperation are all taught through wild and wacky activities. Test the boundaries of your imagination with us today!

1:30pm-3:30pm Incursion

Wednesday 17 July

Into the Wild

Today we turn our service into the great outdoors. We will create makeshift tents and eat camping foods as we imagine our way into the wild! If the weather is nice we can do an outdoor scavenger hunt as well.

In-Service

Thursday 11 July

Ice Skating

Ice Skating is a staple activity for our Winter School Holiday Program so today that's exactly where we're heading. Bring your beanie and mittens because it's going to be awfully cold on the ice!

9:00am-12:30pm Excursion

Thursday 18 July

Connect to My Country

Today we celebrate our connection to country through embracing our Aboriginal past and present. Children will develop their understanding of bush survival, bush tucker, dance, and art through our presenters and throughout the day.

1:30pm-3:30pm Incursion

Friday 12 July

Kids Love to Cook

Last time we invited KLTC to our service we had such a fantastic time that we've invited them again. This time we will be preparing a completely different meal that we can eat for afternoon tea.

1:30pm-3:30pm Incursion

Friday 19 July

Inflatable World

Get ready to bounce, jump, and slide as we visit inflatable world in Kambah today! There are obstacle courses, battle arenas, and slides galore but remember; no socks, no play so bring your socks to avoid disappointment!

9:00am-12:30pm Excursion

HIRERS NEWS

Taekwondo Kids Classes

Palmerston District Primary School- Hall

Thursday Nights (incl holidays)

5 to 8 years – 6.30pm to 7.15

9 years plus – 6.30pm to 8pm

Special Offer for Palmerston Students:

4 weeks of unlimited classes (includes other branches)

plus FREE uniform (you keep even if you don't continue)

Only \$19 (normally \$49)



Contact Information:

Hwaju Daniel Perez

7th degree International Instructor

Hwarang Taekwon-do Canberra

0478214445

enquiries@taekwondo-canberra.com.au

<https://taekwondo-canberra.com.au>

<https://www.facebook.com/taekwondocanberra/>

Talon Karate Do

SOJUKAN KARATE

Learn from the Champion

Instructor: **Sensei Suresh Guna** Black Belt 4th Dan (Yondan).

- Increased fitness
- Increased strength
- Increased flexibility
- Better focus
- Reduced stress & Tension
- Improved self confidence
- Learn practical self defence

Beginners classes starts on 8th May 2019

Every Wednesdays 6:15 PM to 7:15 PM

At: Palmerston Primary School Hall. Contact: 0468 932 422





ParentLink

ParentLink provides parenting education to the community, from birth to teenage years. It is available for parents, carers, kin, teachers, and the broader community, providing information and links to local resources and services.

The ParentLink website provides links to all ParentLink guides including a variety of topics - *Starting School, More than Reading and Writing, Optimism and Cyber Safety.*

The ParentLink suite of resources includes guides specifically for Aboriginal and Torres Strait Islander families, and access to resources for diverse cultural groups.

ParentLink guides are available to view and order via the website at, <https://www.parentlink.act.gov.au/>

TRANSPORT CANBERRA'S NEW PUBLIC TRANSPORT NETWORK STARTS

WE'RE CONNECTING CANBERRA

From Monday 29 April 2019 our transport network will be transformed.

Routes and timetables will change to deliver a better, more connected transport network by having light rail and more buses, more often, 7 days a week.

To find out how Canberra's network is changing or to plan your future trip, visit transport.act.gov.au

CANBERRA IS BETTER CONNECTED

ACT Government | Transport Canberra

The advertisement features a purple and blue color scheme with icons for bus, light rail, wheelchair, and pedestrian. A circular graphic on the right shows a bus and a train icon.

PARKING AROUND SCHOOLS



As we drive and park our cars around schools we all need to ensure the safety of school students is our priority. Parking illegally and unsafely across pedestrian crossings, corners and verges puts children at risk. We all need to help keep our children safe. Here is a short video demonstration: <https://youtu.be/AsIMVXpA9Zc>

Access Canberra inspectors will be patrolling our school zones to help us ensure drivers do the right thing.