



Palmerston District Primary School Newsletter Issue 1 2024

Acknowledgement of Country

We acknowledge the Ngunnawal people as traditional custodians of the ACT and recognise any other people or families with connection to the lands of the ACT and region. We acknowledge and respect their continuing culture and the contribution they make to the life of this city and this region.



Principal



Hello everyone,

A warm welcome to 2024, and our first Newsletter.

What a wonderful start to the year we have had, very big thank you to our families for your support in having your children ready for learning every morning!

Please find below a link to a brief video about our plans for 2024, so grab a cup of tea, sit back for 22 minutes to find out a little bit more about some significant initiatives, changes and ways forward.

<https://drive.google.com/file/d/1fCcH2t2cSAw1ws5UmtZvMZ6iVhLSxX4q/view?usp=drivesdk>

I am incredibly proud to present to our Palmerston Learning Community, our **Graduate Profile**.

A series of statements with ambitious intention for every child to connect with, be inspired by and reach as they graduate from the safety of primary school, out into the world.

Thank you to all the families, teachers, students and staff of Palmerston for all the amazing words to be used.


This is a driving document with our high expectations for students to reach with love and support along their learning at Palmerston.

Regards,


Kate Smith

Principal


Palmerston Graduate Profile




Palmerston District Primary School
Graduate Profile




YINDUMARE *Respect*
I show empathy and strive to learn from others.
I am socially aware and build positive relationships.
I am compassionate and kind.
I understand and accept consequences.
I respect my heritage and that of others.




GINNINDERRA *Sparkling light*
I am ambitious and curious about my learning.
I am a creative thinker.
I can effectively identify and solve problems.
I am persistent and persevere with tasks.
I communicate effectively.




NARAGANAWALI *Coming together, alive, wellbeing*
I work collaboratively.
I embrace diversity of opinion and seek to understand new ideas.
I am courageous and call out bullying behaviour.
I can manage my thoughts, feelings and actions appropriately.
I am proud of my identity and I belong.



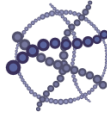
BIRRIGAI *to laugh*
I have fun as I develop.
I value my independence.
I enjoy strong, positive friendships.
I know how to be a friend and how to make new ones.
I cheer on others and celebrate successes.




MANAMANJI *Industrious*
I am industrious.
I love to learn.
I engage in my learning.
I demonstrate initiative and integrity.
I have skills and confidence to explore new ideas and opportunities.



MURA *Pathway*
I understand my learning is interconnected.
I understand that there is still much more for me to learn.
I set effective goals and manage time to achieve them.
I am a self-directed learner.
I contribute positively to teamwork.





Deputy Principal



Welcome back! What a joy it was to see the faces of students and their families walking through the school gate ready to start learning and reconnecting with the staff and their friends. As Palmy and I stood out the front welcoming everyone back, we were inundated with many smiles, many hugs and lots of high fives. Just the absolute best way to start the school year. We were all so proud to see the bravery on display as our little people said their goodbyes to the parents/carers. We were so proud of the safe, respectful behaviours our Year 5 and 6 students demonstrated too. What role models!! The last few weeks at our school have seen staff continue to build relationships with their new students and check in with their previous students. Our staff have worked tirelessly to set clear expectations, build a community of learners and take time to set the scene for a great, productive year ahead.

It was such an absolute pleasure to sit with my colleagues in the week leading up to our students returning. We truly are lifelong learners, and I am so grateful we had time to talk about subjects such as Mathematics and how we can work together to make our practise even stronger and our knowledge even greater. It was so rewarding to present alongside Ms Hall and Mr Stranger in that week. We spoke to staff about our PBL systems, about continuing to embed our knowledge regarding safe, respectful learner behaviours and how we, as adults, can do our best to ensure a positive, safe and predictable school environment is enabled and upheld. We also introduced the Berry Street Education Model (BSEM). The BESM model allows teachers and staff to increase their positive engagement with students through practical strategies that support everyone, ensuring students are ready to learn and staff are ready to teach. It was a wonderful week of learning for all staff.

I am truly excited about the year ahead. I am excited to watch our school continue to thrive and flourish, to work in partnership with parents to support the little people at our school and to collaborate with staff to achieve the best outcomes for all our students.

Regards,

Marijana Pasalic

Deputy Principal

Important Upcoming Dates



February/March

Week 5- 28th -1st - Year 6 Camp Borambola

Week 5- 29th February Junior (K-2) School Assembly 9:15-10:15am

March

Week 5- 1st March Senior (3-5) School Assembly 9:15-10:15am

Week 6- Monday 4th- Swimming Carnival, whole school, Dickson Pool

March

Week 7- Canberra Day- Public holiday

Also keep an eye on our School Calander for more important dates

Palmerston District Primary School Calendar¹

Sharing Our Learning

KINDERGARTEN

In Kindergarten we have begun exploring this term's Inquiry focus on connections and belonging. We have read 'Our Class is a Family' by Shannon Olsen and have started building relationships inside and outside of the classroom. Our Kindergarteners are now familiar with our school mascot Palmy and are understanding what it means to be a Safe, Respectful Learner.

¹https://aus01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.palmdps.act.edu.au%2Four_school%2Fcalendar&data=05|02||e40a06144786476c4bd208dc2147eb39|f1d4a8326c2144759bf48cc7e9044a29|0|0|638421839970679233|Unknown|TWfPbGZsb3d8eyJWljojMC4wLjAwMDAiLCJQIjojV2luMzliLCJBTil6lk1haWwiLCJXVCi6Mn0%3D|0||&sdata=RXMalOsgKMiPXnLTtmoEx5VEV01bSqzLYN56%2B6lSKsQ%3D&reserved=0







Library News

Welcome back to a new school year. It has been lovely to see all our students coming to the library ready to borrow books for both class and home.

Borrowing

In the library we love to see students borrow. Our preference is that students borrow books and take them home in a library bag. This is especially important for our younger students who often borrow picture books that they don't fit in their school bag. A library bag means that the borrowed book can safely be stored in the library bag and hung from a student's bag hook.

Loan Limits

Loan limits are as follows:

Kindergarten : 1 book

Year 1-4: 3 books

Year 5-6: 5 books

Book Amnesty

Over the years many library books have been borrowed and not returned. It would be appreciated if families could have a look around their homes and see if there are any books belonging to Palmerston DPS and then return them to the library.

Thanks,

Rebecca Cameron

Teacher-Librarian

PE News

Welcome back everyone to another school year where too much sport is barely enough! We will endeavour to keep the school community updated on any representative opportunities, upcoming gala days, school sporting programs and student achievements throughout this year.

Swimming Carnival

Last week, the notes for our upcoming swimming carnival, being held in Week 6- Monday March 4th at Dickson Pool, were sent home to families. Attached to those notes was a competitive race entry form. If you wish for your child to enter in competitive races to be held in the 50m pool and they are turning 8 years old or older this year, please make sure you return this note ASAP as this helps us to plan our day. If you did not receive this entry form, please see the school front office, where they will be happy to provide a copy.

Qualification for the Regional Carnival will be based upon overall race TIMES per event, not position or age. Set qualification times for the Regional Carnival will apply and be provided in the carnival order of events, which is linked below. Your child will be notified at a later date if they have qualified for the Regional Carnival, which will be held in Week 10 of this term at the AIS.

There is no obligation for any child to compete in competitive races at the carnival and you do not have to return the entry form. There are other activities at the pool - both in the water and on land - that students will take part in throughout the whole day, so please make sure the permission form is returned to school at your earliest convenience.

Upcoming Gala Days Term 1

ACT Futsal Schools Cup Boys and Girls Years 5-6

Week 9 Wednesday 27th March

ACT Futsal Schools Cup Boys and Girls Years 3-4

Week 10 Thursday 4th April

Jacob Downey

Senior School HPE Specialist

Palmerston Swimming Carnival 2024 Order of Events

Event #	Marshalling Time	Age	Boys/Girls	Distance	Stroke	Qualifying Time for Regional Carnival
1	0945	10, 11, 12	Boys	100m	Freestyle	1:45.00
2	0945	10, 11, 12	Girls	100m	Freestyle	1:45.00
3	1000	8	Boys	50m	Freestyle	1:15.00
4	1000	8	Girls	50m	Freestyle	1:15.00
5	1015	9	Boys	50m	Freestyle	1:05.00
6	1015	9	Girls	50m	Freestyle	1:05.00
7	1030	10	Boys	50m	Freestyle	1:00.00
8	1030	10	Girls	50m	Freestyle	1:00.00
9	1045	11	Boys	50m	Freestyle	55.00
10	1045	11	Girls	50m	Freestyle	55.00
11	1100	12	Boys	50m	Freestyle	50.00
12	1100	12	Girls	50m	Freestyle	50.00
13	1115	10, 11, 12	Boys	100m	Breaststroke	2:10.00
14	1115	10, 11, 12	Girls	100m	Breaststroke	2:10.00
15	1130	10 & under	Boys	50m	Butterfly	1:10.00 (9s 1.15.00) (8s 1.20.00)
16	1130	10 & under	Girls	50m	Butterfly	1:10.00 (9s 1.15.00) (8s 1.20.00)
17	1145	11	Boys	50m	Butterfly	1:00.00
18	1145	11	Girls	50m	Butterfly	1:00.00
19	1200	12	Boys	50m	Butterfly	55.00
20	1200	12	Girls	50m	Butterfly	55.00
21	1215	10, 11, 12	Boys	100m	Backstroke	2:00.00
22	1215	10, 11, 12	Girls	100m	Backstroke	2:00.00
23	1230	10 & under	Boys	50m	Breaststroke	1:15.00 (9s 1.20.00) (8s 1.25.00)
24	1230	10 & under	Girls	50m	Breaststroke	1:15.00 (9s 1.20.00) (8s 1.25.00)
25	1245	11	Boys	50m	Breaststroke	1:10.00
26	1245	11	Girls	50m	Breaststroke	1:10.00
27	1300	12	Boys	50m	Breaststroke	1:05.00
28	1300	12	Girls	50m	Breaststroke	1:05.00
29	1315	10, 11, 12	Boys	100m	Butterfly	2:00.00
30	1315	10, 11, 12	Girls	100m	Butterfly	2:00.00
31	1330	10 & under	Boys	50m	Backstroke	1:05.00 (9s 1.10.00) (8s 1.15.00)
32	1330	10 & under	Girls	50m	Backstroke	1:05.00 (9s 1.10.00) (8s 1.15.00)
33	1345	11	Boys	50m	Backstroke	1:00.00
34	1345	11	Girls	50m	Backstroke	1:00.00
35	1400	12	Boys	50m	Backstroke	55.00
36	1400	12	Girls	50m	Backstroke	55.00

Defence News

A big welcome to our Defence families new and continuing.

We are funded for 12.5 hours per week, and this can be set in a variety of flexible ways to meet the needs of our students and/or the applicant's own circumstances. For example – two full days, or five mornings a week, as long as the 12 and a half hours are completed.

Palmerston District Primary School is seeking to appoint a Defence School Mentor (DSM) who is passionate about the wellbeing of children and young adults as part of the Defence School Mentor Program (DSMP). This program, delivered in schools, is designed to provide practical assistance to Defence families and support the social and emotional wellbeing of Defence students within their schools. The role is funded by the Defence Member and Family Support (DMFS) Branch, of the Commonwealth Department of Defence.

We are hoping the successful applicant can start soon, as there may be some additional hours to add in as well , covering the current weeks.

CV's and Cover letters are due by COB Wednesday 21st February.

Dear Parents,

Our AGM is Monday 19th at 6.30pm at Gungahlin Eastlakes Club in person or online at

Fete: The fete is Saturday 23rd March. Please see the flyer below for more details!

Years Pre-school - Year 2 we are asking every student/family bring in one chocolate bar, Easter egg or chocolate block dropped off at **pod 10** by 29th February.

3 <https://aus01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fmeet.google.com%2Fxt-d-pbkt-ogt&data=05|02||919dd9ad77b845cbf2e808dc2e633dac|f1d4a8326c2144759bf48cc7e9044a29|0|0|638436251066924610|Unknown|TWFpbGZsb3d8eyJWljoiMC4wLjAwMDAilCjQloiV2luMzIlCjBTIl6lk1haWwIlCjXVCI6Mn0%3D|0||&sdata=myk2%2FC02UU8D17sv6Vg45pvcA4U%2BzilCmeQuCdMZd7A%3D&reserved=0>

Years 3-6 we are asking each student/family to donate one new item unwrapped to the value of \$5 for the lucky dips. Ideas of examples are, handballs, slinky, jewellery, card games etc. All donations dropped off at **pod 10** by 29th February.

Disco 2024 (more details to come)

- Friday 17th May

- Friday 8th Nov

Thanks so much

Sarah Rullis

P&C President

pdpsspandc@gmail.com⁴



⁴<mailto:pdpsspandc@gmail.com>

Palmerston District Primary School Fete 2024

MARKET STALLS

For just \$50 and a donation to the P&C's Raffle in September you can have a stall on the day. You'll get:

- access to a huge crowd of local families
- exposure through P&C social media and
- to contribute to our local community

Note we're not accepting food, book or plant sellers

SATURDAY 23 MARCH
10AM - 2PM



For more information contact our Market Stall Coordinator Sarah at pdpspandc@gmail.com

PALMERSTON PRIMARY P&C ANNUAL GENERAL MEETING

*soft drinks & nibbles
provided*



6:30pm, Monday 19 Feb

Eastake Gungahlin
51 Hinder Street

Regular meeting to follow

Email us pdpspandc@gmail.com





Palmerston District Primary School Fete

SATURDAY 23 MARCH

10AM - 2PM

horse rides | Tongan food | cakes | BBQ | books |
plants | Japanese food and origami | lucky dip

pdpdpandc@gmail.com
www.facebook.com/palmerstonprimarypandc

Canteen News



Welcome Back!


Its lovely to see your students using the School Canteen.

Each Thursday the canteen will have a "**Burger Lunch Special** " (beef, chicken or veggie)

All the beef and chicken we use for our canteen made food is supplied by a halal certified butcher.

Thank you from the HKA team.

PALMERSTON CANTEEN



**** Hot meals made on-site****
Wraps/sandwiches made to order


Two ways to order:

ONLINE

- Download the My School Connect App and set up an account for your child(ren).
- In "My School Tuckshop" use credit or card to order hot meals, sandwiches, or snacks which are delivered to your child's classroom.

WINDOW SALES

- Cash only sales of snacks (muffins, banana bread, popcorn, potato gems, cheesy garlic bread, etc), as well as assorted frozen treats.



 Healthy Kids Canteen Menu Palmerston District Primary School <i>Term 1 2024</i> Order online at myschoolconnect.com.au	
Sandwiches <small>All served on wholemeal bread unless otherwise requested. Wraps also available.</small>	Hot Meals
Happy Little Vegemite (with margarine) \$3.50	Macaroni & Cheese \$5.50
Cheese \$4.00	Pasta Bolognese \$6.50
Cheese & tomato \$4.70	Pasta Napolitana \$5.50
Ham \$4.00	Sausage Roll \$5.50
Ham & cheese \$4.80	Beef Lasagna \$6.50
Ham, cheese & tomato \$5.70	Vegetable Lasagna \$6.50
Ham & salad \$6.00	Butter Chicken \$6.50
Ham, lettuce & mayo \$5.50	Creamy Lentil and pea dahl with rice \$5.50
Chicken & cheese \$5.50	Veggie Fried Rice \$5.50
Chicken & salad \$6.50	
Chicken, lettuce & mayo \$6.00	Weekly Specials
Tuna & cheese \$4.80	Tues: Chicken Nuggets \$6.00
Tuna, lettuce & mayo \$5.50	Wed: Teriyaki Chicken Noodles \$6.80
Rainbow: lettuce, carrot, tomato, cucumber, beetroot \$5.70	Thurs: Burgers (beef, chicken, veggie) \$6.50
Salad & cheese \$6.70	Fri: Stone Baked Pizza \$6.50
Toasted Sandwiches (in press) <small>All served on wholemeal bread unless otherwise requested.</small>	Snacks
Happy Little Vegemite (with margarine) \$3.50	Fruit Salad \$4.00
Cheese \$4.00	Warm Assorted English Muffin \$2.50
Cheese & tomato \$4.70	Popcorn \$1.00
Ham & cheese \$5.00	Cheesy Garlic Bread \$2.50
Chicken & cheese \$5.50	Banana Bread \$2.30
Tuna & cheese \$5.00	Fruit Jelly Cup \$2.30
Ham \$4.50	Homemade muffins \$2.00
Ham & cheese \$5.00	Fluffy Chocolate Mousse \$2.50
Ham, cheese & tomato \$5.70	Watermelon \$2.50
	Piece of seasonal fruit \$2.00
	Milo Cookie \$1.00
	Corn on the cob \$1.50
	Crackers & Cheese \$1.50
	Drinks
	Water (600ml) \$2.00
	Juice (apple, apple/blackcurrant, orange) \$2.50
	Flavoured Milk (strawberry, chocolate) \$3.50
	Chill J \$3.50
	Plain Milk (300ml) \$2.50
	Sipahh Straws \$1.00
	Frozen
	Frozen Juice Cup \$2.00
	Twisted Frozen Yoghurt \$3.00
	Quelch sticks \$1.00

Looking to change up your sandwich?

ADD:

Ham, chicken, or tuna	\$1.50
Cheese	\$1.00
Lettuce, carrot, cucumber, tomato, beetroot	\$0.60
Mayo	\$0.60

Change to:

Wrap	\$0.50	Gluten Free bread	\$1.00
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Community Connections

Tidda's



This Aboriginal & Torres Strait Islander girls group celebrates culture and connection with each other and their community to become strong young leaders.

Thursdays 3.30pm – 4.30pm

For primary school age girls

Week 2-11 of the school term

Gungahlin Child & Family Centre – 51 Ernest Cavanagh St Gungahlin

For more information

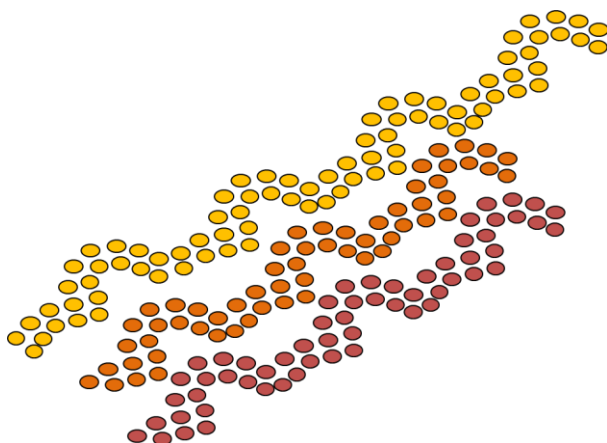
Contact Gungahlin Child & Family Centre Intake on

Phone: 6207 0120

Email: tahlia.rickwood@act.gov.au⁵ and lisad.williams@act.gov.au⁶

All programs are free of charge.

***Tidda's - Sisters**



⁵<mailto:tahlia.rickwood@act.gov.au>

⁶<mailto:lisad.williams@act.gov.au>



With One Voice Choir is back at Palmerston District Primary School for 2024! This friendly and inclusive choir welcomes new members any time and members of the school community are especially welcome. You can come and try your first rehearsal free to get a feel for the group and see if it's for you. With one Voice rehearses in Pod 10 every Tuesday during term time from 6-7:30pm as well as performing at community events and festivals throughout the year.

For more information visit <https://www.withonevoice.org.au/choirs/canberra/> or contact Canberra@withonevoice.org.au⁷



⁷<mailto:Canberra@withonevoice.org.au>



Need school supplies or equipment?

Care Community Loans provides 0% interest loans of up to \$2000 for essential household goods and services



carefcs.org



6257 1788



microfinance.admin@carefcs.org



Calisthenics is a dynamic and artistic sport combining teamwork, dance, performance, confidence & grace, strength and flexibility.



ACTION CALISTHENICS



Come and try Calisthenics - first two lessons obligation free!



Search Action Calisthenics on Facebook or Instagram, or email us at contact@actioncalisthenics.com.au for more information



Located in Holt, Belconnen

Contact Us

You can contact our school using our details below.

Palmerston District Primary School

80 Kosciuszko Ave

Palmerston, ACT

6142 1440

info_palmdps@ed.act.edu.au⁸

Visit us on the web at www.palmdps.act.edu.au⁹



⁸mailto:info_palmdps@ed.act.edu.au

⁹<https://www.palmdps.act.edu.au/>