



Palmerston District Primary School Newsletter Issue 9 2023

Principal



First of all, a major thank you to all of the families who were able to come along to our Learning Journey. It was incredible to see so many families come into the classrooms and look at the learning that takes place.

To hear the students talk about their learning, describe how they approached their tasks, was beautiful as well. Such a fabulous morning to feel the connections we have in so many directions.

One new connection I would like to remind you of, is a community choir that sings here every Tuesday night in Pod 10. 'With One Voice' is expertly led by Rodney Clancy, one of our parents here at Palmerston. I have joined and it is absolutely incredible, Rodney was a wealth of experience and expertise, and not only is it wonderful to sing together, Rodney is highly entertaining and builds your knowledge of music! If anyone in your family loves to sing, or your neighbours, or your workmates, relatives love to sing, please let them know to come along at 6pm every Tuesday night. The first couple of nights are free to see if this is something you would like to take up. We are hoping to build this choir into something of true magnificence and see where it can take us! 6.00 – 7.30pm Tuesday nights – Pod 10.

Term 3 has been a wonderful term full of hard work, great progress and high achievements. We thank the ongoing support from our families to listen to readers every night, listen to Tournament Of Minds rehearsals every night, support the practices of IMP instruments, getting your children to school each morning ready for day of learning. We greatly appreciate the support you give in your homes to make the learning at school rich.

'Think You Know' programs have been running at school across the week, thanks to Mr Stranger's leadership to get the ACT Police in to deliver their critically important program – demonstrating again the importance of keeping yourself safe online- how to communicate with friends online and how to avoid being lured into friendships that are not face to face know friends – very valuable lessons for everyone of the Yrs 3,4,5 and 6.

As we near the end of school term, I wish for all families to have a lovely holiday coming up. Enjoy the warmth, sunshine and we look forward to Term 4 and all the magic that brings as we celebrate another year of being part of the Palmy Army.

Regards,

Kate Smith

Principal

Deputy Principal



What a busy term we have had! It has been wonderful to see so many students whole heartedly embrace opportunities to shine and thrive here at Palmerston District Primary School. How can it be week nine already? This week we welcome families and friends to attend Learning Journeys. Learning Journeys are a time to visit your child's classroom and see all the amazing work being completed and hear about the knowledge and skills our students have acquired over the course of the year. While we regularly try to ensure our students are recognised through such things as feedback, awards and the collection of Djurra tokens, Learning Journeys provide a formal time to celebrate the brilliant achievements of our students and recognise their continued hard work and efforts. There is always a positive and electric vibe during Learning Journeys at Palmerston District Primary School. Children are so excited and proud to share their work! Learning looks different for each and every child, and this is a time for our students to reflect on personal goals. This is a time to congratulate our students on their efforts and the outcomes they have achieved. This is a time for teachers and staff to contemplate the growth of students in their care, to acknowledge the amazing work that they, as adults in the school, do every day and to consider pathways moving forward. While learning journeys are predominantly centred around the child, and honouring their efforts and achievements, it is also about the village who work hard to support each individual to learn each day, reach their personal best and navigate the ups, and sometimes downs, of life.

There have been many highlights across Preschool, Kindergarten, Year One and Year Two this term. In class, just like every other term, our students have taken on many roles including the role of wonderful writer, magical mathematician, and inquisitive investigator. All students showed bravery, resilience and confidence in attempting new activities and experiences. I couldn't be more proud! This term we have been enthusiastic athletes at the annual athletics carnival, creative performers on stage during Palmy's Got Talent and our assemblies, hospitable hosts for a Father's Day stay and play in the preschool, avid shoppers at the book fair, crazy scientists who were tasked with building strong, sturdy bridges and of course one thousand different characters during the 2023 Book Week parade. At one stage the whole of Kindergarten were affected by a strange phenomenon, aging 100

years! Next week, Year Two students will take to the water and participate in the Aqua Safe program. Phew!

I would like to thank our school community for another wonderful, fun and utterly brilliant term! These holidays my sister and I are taking my parents to Robertson in the heart of the Southern Highlands in NSW, famous for its pies and potatoes. I hope you all have a restful break and I am looking forward to finishing 2023 on a high next term!

Regards,

Marijana Pasalic

Deputy Principal

Key Dates



18th-22nd September

- Year 2 Aqua Safe

19th September

- Learning Journey Preschool Beginning of week 8:45am

20th-22nd September

- Year 6 Camp Borambola

22nd September

- Preschool 2023 Tea Towel Fundraiser orders due

Class Connections - Japanese

Our Japanese Teacher's Assistant (JTA) Takuto visited Japan briefly last week for his brother's wedding. Students were very happy to learn he has restocked our prize box! We welcome him for the

rest of term 4. This term we have been very pleased to have been able to host two system events at PDPS. The ACT Primary Schools Japanese Fun Day and the 50th ACT Primary Schools Speech Contest were both held here with our students participating in both events. In addition, the Yr6 Global Leaders ran two very successful Mini Japanese Fun Days for Preschool in Wk 7 with cooking, games and stories.

Our own Annual Japanese Fun Day will be on Friday Wk2 Term 2. We would love to hear from any parents who may be able to assist with cooking or craft activities on the day. Please email Kristina.collins@ed.act.edu.au¹

2024 Japanese Teachers Assistant (JTA)

We are very keen to renew our friendship with Kagoshima University and host another Japanese Teacher's Assistant in 2024. To date however we have had no interest from prospective host families. If your family would be willing to host a JTA (a 22yo female student) please contact us asap to discuss further. JTAs usually stay 6-10 weeks with families and pay a nominal sum towards board. This program relies heavily on community support so we appreciate your active consideration. Hosting provides a wonderful opportunity for students and families to learn more about Japanese languages and culture.

Learning Journeys Friday Wk 9

Ms Fitzpatrick and Ms Collins are both sorry to be missing learning journeys this year due to personal commitments. Parents and students are welcome to visit the Japanese classrooms and see students' work, look at our cultural items and try their hand at a Japanese activity.



1 - 50th ACT Japanese Speech Contest Saturday 3 September 2023

¹<mailto:Kristina.collins@ed.act.edu.au>



2 - Preschool enjoyed playing Tama Ire on Mini Japanese Fun Day



3 - The Yr 6 Global Leaders showed excellent communication & organisational skills in their groups for Preschools Mini Japanese Fun Day



4 - Pre-schoolers enjoyed visiting "Japan Land" and learning about and making a Japanese non folding fan (uchiwa) for Mini Japanese Fun Day



5 - We were incredibly proud of Sienna and Maya for their entries in the Japanese Speech Contest!

Class Connections - Music

This term in music, year 4, 5 and 6 have been learning about the elements of beat, rhythm, dynamics, pitch and tempo. We have explored a range of percussion instruments, body percussion and tuned to explore these elements and practised these in our warmup games of Mexican Wave, Musical Whispers and Imposter. The students have collaborated to compose music reflecting different stimulus including art works, picture books, fairy tales, Canberra attractions and natural disasters. The music created has been very inspiring with students using different sounds in their compositions.

Band

The two bands are progressing well. We have had three students transition to the tenor and alto saxophone and bass clarinet. We have been learning new music and developing our skills in reading music and playing our instruments. Combined band practice with Gold Creek school has allowed us to perform and grow as a combined woodwind and brass band, and we enjoy performing to the junior classes after these rehearsals. We look forward to performing at the learning journeys.



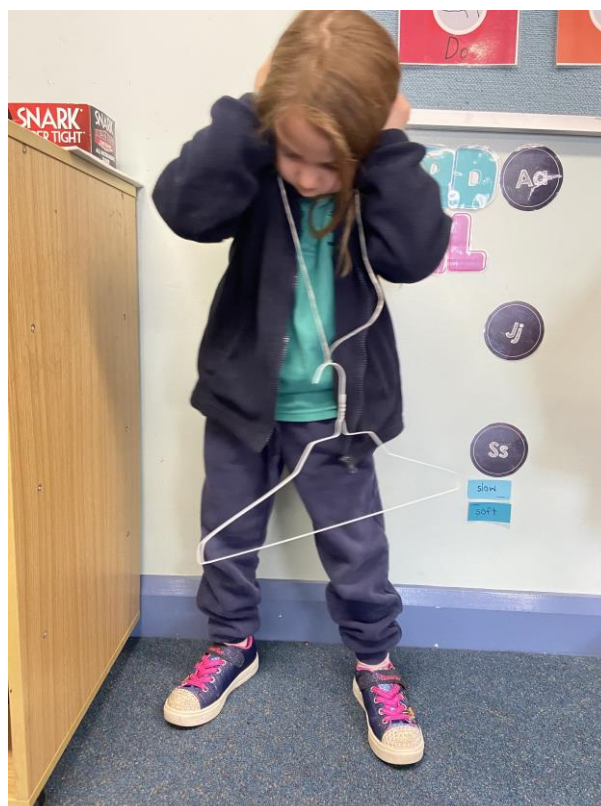




Junior Music

The students in Junior Music have been enjoying songs, music and instruments from around the world. This Term has seen some unique experiences take place during Science Week and Book Week with sound experiments and experimental music making in all classes K – 2.

Save the Date: The End of Year Celebration for Palmerston Primary will be held on the evening of Thursday December 7 – more details to come next term.





Sports News & Information



Year 2 Aqua Safe week 10!

Every day in week 10, year 2 students are participating in a water safety program at Gungahlin Leisure Centre, run by Royal Life Saving Australia. Please have your child bring along a t-shirt and shorts to wear into the pool, over the top of their swimwear, on **Wednesday** (the 3rd day of the AquaSafe program). Children will need to wear their swimwear underneath their swimming clothes as part of the activity is to learn how to remove heavy clothing in the water.

Please also provide a plastic bag for your child to put their wet clothes in after the lesson.

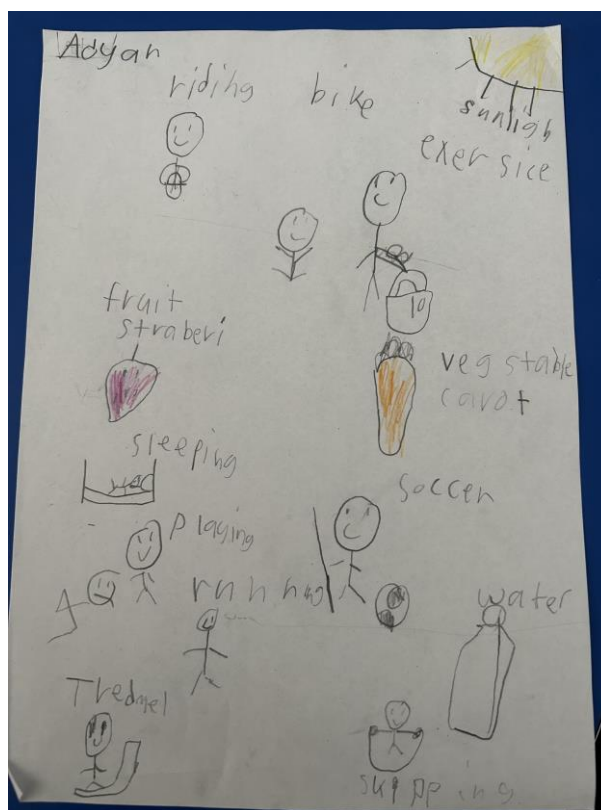
Dates to remember-

Gungahlin College sports coaching sessions with year 3 students, weeks 2-5 in term 4.

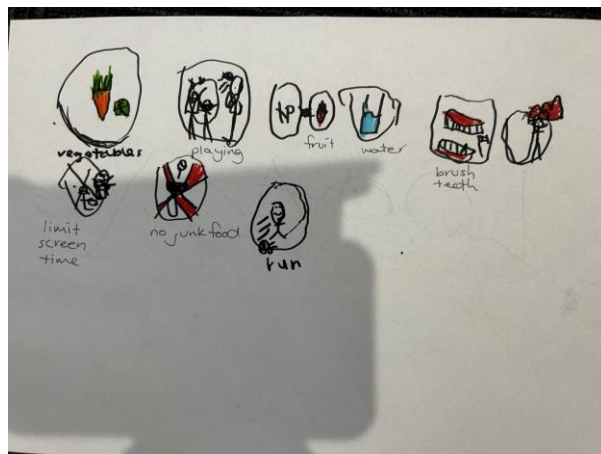
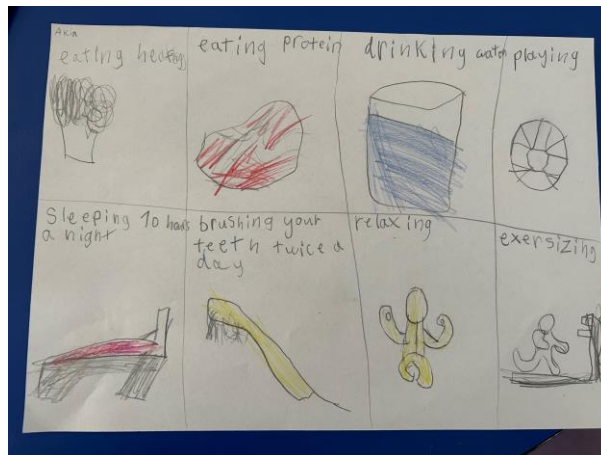
Colour Explosion Fun Run week 5, term 4, November 7 and 9.

Natalie Edwards

Junior School HPE Specialist



6 - Years K-2 have been discussing how to be safe, healthy and active, these are a few ideas they came up with.



District and State Athletics Carnivals

45 students represented Palmerston at the North/Gungahlin District Athletics Carnival at the AIS on August 31st.

Our team came 11th overall out of the 24 schools in our region and five students qualified for the State Carnival that was held on September 12th. Congratulations to the following students on their achievement:

Adelle 6Y (Discus)

Devine 6G (Shot Put)

Congratulations to Trong (5B) and Maxim (6B) who competed for the ACT State Swimming Team at the National Championships in Sydney last month. A remarkable achievement and one they can both be proud of!

Softball - 10th November (Week 5)

Senior School HPE Specialist

An extra thanks goes out to all those families who purchased books to donate, it is greatly appreciated.

Teacher-Librarian





Blacktop Upgrade

This morning during our Learning Journey we raised a whopping **\$1250.50!** to upgrade our school Blacktop area. Thank you to everyone to contributed.



Palmy Pantry

Year 6 Community Leaders are running Palmy Pantry to collect food for the needy. We will donate the food items we collect to Gungahlin Community Centre food drive.

Please donate non-perishable items to our Palmy Pantry. Items like tinned soup, baked beans, tinned tuna, pasta, rice, dried fruit, muesli bars, etc. As long as it is non-perishable, it will be gratefully received.

Community Leaders will be doing daily classroom collections, so please put food items in the box when they visit the classroom.

Thank you for your support.

Year 6 Community Leaders

2024 Enrolment Applications

2024 Preschool confirmation letters have been emailed to families who have completed and signed their application form with our enrolments officer **by 8th September**. Letters contained your preschool session and important documents that need to be signed. If you need hard copies of these forms please come to the school front office.

If you have any questions about enrolment or schooling, such as setting up healthcare supports or inclusion and access adjustments for your child, please contact your local school² as soon as possible to discuss how we can best welcome, support and include your child.

2024 Enrolment Timeline

- **Families can enrol for 2024 at any time during the year after April 26th 2023**
- **September to December 2023 - Communication sent to families regarding 2024 school year/orientations**
- **Monday 29th January 2024 - All new ACT school students commence first day of Term 1 2024**

<https://www.education.act.gov.au/public-school-life/enrolling-in-a-public-school>³

Defence News



Hi Palmerston Community!

²<https://www.education.act.gov.au/public-school-life/enrolling-in-a-public-school/school-enrolment-email-addresses>

³<https://www.education.act.gov.au/public-school-life/enrolling-in-a-public-school>

In celebration of finishing another successful term, we will be hosting an afternoon tea for the Defence Students of Palmerston Primary. The celebration will take place in Week 10 inside the school hall on the 21st of September, from 2:15pm to 2:50pm. This will be a nice, laid back afternoon for the kids to use to wind down and recognise the amazing work that they have all been doing over Term 3.

Communications to Defence Parents have been sent out!

Thank you!

Ella Braban

Defence School Mentor

P&C News 2023

- Friday 22nd September. Thanks to the community's generous support we are "shouting" all teachers/LSA's/Staff a coffee/drink to say thank you! A small token of our appreciation for all their hard work at the end of a long term.

- Please consider completing the P&C Annual Survey! We love feedback and can't wait to entwine more community feedback into the P&C!

https://docs.google.com/forms/d/e/1FAIpQLSfM_cLBjMnq6Ha-YVcwOgJbOh43JhNjJzs0QXEmaESvyHehSg/viewform

- Referendum bbq/bake sale 14th October. Please consider volunteering to help on the day by emailing pdpsspandc@gmail.com⁴. We need all hands on tongs to help make this a success.

- Bake sale - keep an eye out on Monday 1st week back for all the details to help bake goods or join the chat on our P&C Facebook page for the keen bean bakers sharing tips!

- School Disco 20th October - keep an eye out in your child's bag for your notes!

JUNIORS: Preschool – Yr 2 5:00pm-6:15pm (Doors will open at 4.45pm) SENIORS: Yr 3 - 6 6:30pm-8:00pm

Tickets can be purchased online: <https://palmypandc.square.site/>

⁴<mailto:pdpsspandc@gmail.com>

Palmerston P&C School Disco

Friday 20 October

In the school hall

\$10 per child

Junior school
(preschool to year 2)
5:00 – 6:15pm



Senior school
(year 3 to 6)
6:30 – 8:00pm

Buy tickets using the QR code or at:
<https://palmypandc.square.site/>



**PALMERSTON
PRIMARY P&C 2023**

Join us on Facebook for all the latest updates
www.facebook.com/groups/palmerstonprimarypandc



SCAN ME

pdpspandc@gmail.com

Canteen

Canteen News

It's lovely to see your students using the School Canteen. We would like to give you a few ideas to make their canteen experience a fun one.

Each week the canteen will have a "lunch special" that will be advertised on Facebook which you can select on the app.

Lunch & Recess orders can be placed via myschoolconnect.com.au Tuesday - Fridays

Recess – Over the counter & online daily.

Please remember to look at the recess & lunch snack and drink menu and ensure your child has enough money for what they wish to purchase over the counter. Prices start from \$1.00 in the Canteen.

We would appreciate it if you could not send large notes to school with your child.

Recess & lunch menus attached.

We would welcome any parent/career who would like to volunteer in the Canteen. You would need to have your WWVP card.

Thank you from the HKA team.



Canteen News

HEALTHY KIDS ASSOCIATION -PALMERSTON DISTRICT PRIMARY

Over the counter sales Tues, Wed, Thurs, Friday lunch & recess

DRINKS:

PLAIN MILK	\$2.50
JUST JUICE	\$2.20
FLAVOURED MILKS-CHOCOLATE/STRAWBERRY	\$3.50
CHILL J	\$3.50

FROZEN:

QUELCH STICKS	\$1.00
FROZEN JUICE CUPS	\$2.00
VANILLA ICE CREAM TUB-Light	\$2.00
TWISTED FROZEN YOGHURTS	\$3.00
PADDLE POPS-rainbow/chocolate	\$3.00

SNACK FOOD:

POPCORN	\$1.00
MILO COOKIE	\$1.50
BANANA BREAD	\$2.00
MUFFIN	\$2.00
JELLY CUP OR CUSTARD CUP	\$2.00
SEASONAL FRUIT	\$2.00
MOUSSE	\$2.50



Healthy Kids Canteen Menu Palmerston District Primary School

Term 2
2023

Order online at myschoolconnect.com.au

Sandwiches

All served on wholemeal bread unless otherwise requested.

Wraps also available.

Happy Little Vegemite (with margarine) V	\$3.00
Cheese V	\$3.50
Cheese & tomato V	\$4.00
Ham	\$4.00
Ham & cheese	\$4.80
Ham, cheese & tomato	\$4.80
Ham & salad	\$5.00
Ham, lettuce & mayo	\$4.50
Chicken & cheese	\$4.50
Chicken & salad	\$4.80
Chicken, lettuce & mayo	\$5.00
Tuna & cheese	\$4.50
Tuna, lettuce & mayo	\$4.50
Rainbow: Lettuce, carrot, tomato, cucumber, beetroot V	\$5.00
Salad & cheese V	\$4.50
Egg & cheese V	\$4.50
Egg, lettuce & mayo V	\$4.50

Toasted sandwiches (in press)

All served on wholemeal bread unless whole bread is requested.

Happy Little Vegemite (with margarine) V	\$3.50
Cheese V	\$4.00
Cheese & tomato V	\$4.50
Ham & cheese	\$5.00
Chicken & cheese	\$5.00
Tuna & cheese	\$5.00
Egg & cheese V	\$5.00
Ham	\$4.50
Ham, cheese & tomato	\$5.50

Looking to change up your sandwich?

Add ham, chicken, tuna	\$1.50
Add egg or cheese	\$1.00
Add Lettuce, carrot, cucumber, tomato, beetroot	\$0.60
Add Mayo	\$0.60
Change wrap	\$0.50
Change to gluten-free bread GF	\$0.80

Hot meals

Pasta Bolognese	\$6.50
Pasta Napolitana	\$6.50
Sausage roll	\$5.50
Veggie fried rice	\$5.50
Beef lasagna	\$6.50
Veggie lasagna	\$6.50
Butter chicken & rice (vegetarian available)	\$6.50

Weekly specials

Wednesday:	Chicken nuggets	\$6.50
Thursday:	Crispy chicken burger wrap	\$6.00
Friday:	Stone baked pizza	\$6.50

Snacks

Fruit salad	\$4.00
Popcorn	\$1.00
Cheesy garlic bread	\$2.50
Banana bread	\$2.00
Fruit jelly cup	\$2.00
Homemade mini muffins	\$2.00
Corn on the cob	\$1.50
Chocolate mousse	\$2.50
Milo cookie	\$1.50

Drinks

Water: 600ml	\$2.00
Juice (orange/mango, apple, apple/blackcurrant)	\$2.50
Flavoured milk (choc, strawberry): 300ml	\$3.50
Plain milk: 300ml	\$2.00
Chilli J	\$3.50
Sipah straws	\$0.50

Frozen

Frozen juice cup	\$2.00
Twisted frozen yoghurt	\$3.00
Quech sticks	\$1.00

SKIP THE CANTEEN LINE WITH



1. DOWNLOAD THE MY SCHOOL CONNECT APP



2. SELECT MY SCHOOL TUCKSHOP



3. ORDER YOUR LUNCH



4. SKIP THE QUEUE!



Community Connections

COME TRY

T-BALL FOR KIDS AGED 4-9

JOIN US FOR A **FREE SESSION** 20 SEPTEMBER
5PM TO 6PM ON DIAMOND 1,
HAWKER SOFTBALL CENTRE



HURRICANES IS EAGER TO WELCOME **YOUR FAMILY** THIS SEASON
WE OFFER FREE LOAN SHIRTS + PLAYER GLOVES AND OUR TEAM
KITS ARE BRIMMING WITH EQUIPMENT TO SHARE!





FREE TENNIS OPEN DAY

**SATURDAY
16TH SEPTEMBER 2023
1:00PM - 3:00 PM**

Gold Creek School
130 Kelleway Ave, Nicholls (Senior Site)

TRY THE LATEST TENNIS AUSTRALIA PROGRAMS INCLUDING
HOT SHOTS FOR KIDS AND CARDIO TENNIS FOR ADULTS

ALL NEW JUNIOR STUDENTS WHO ENROL IN TERM 4 2023
WILL RECEIVE A FREE RACQUET & T-SHIRT

To book a free trial session scan the QR code
Email info@csot.com.au
Call 0429 198 719
Tennis Australia Qualified Coaches



"With over 30 years of coaching experience ...Tennis, the game for life"



For more info please see www.csot.com.au



AMAROO
Junior Touch

**ENTER YOUR TEAM IN
THE AMAROO JUNIOR
SUMMER SEASON**

Northside is getting a Touch Football competition. Touch Football is a fast non-contact sport providing fun for all the family.

Junior Age Divisions:

- U6 Mixed
- U8 - Boys, Girls and Mixed
- U10 - Boys, Girls and Mixed
- U12 - Boys and Girls

The perfect summer sport to foster team building, encourage physical activity or supplement Winter sporting commitments.

Team registrations are open.
touchfootball.com.au/play/

CONTACT US justin.oag@touchfootball.com.au



8 - Junior Summer Touch Football at Amaroo, beginning in October 2023

HOLIDAY HAPPENINGS™



The next Holiday Happenings edition is now available online.

To see the *Programs, Activities & Events* happening these holidays go to:

www.holidayhappenings.com.au/online-booklet

9 - <http://www.holidayhappenings.com.au/online-booklet>



School holiday camps on sale now!



NEW Minecraft Engineers

PLUS YouTube Creators • Coding • DJ • Roblox
Animation • Design • Minions • Jurassic World

Book now at codecamp.com.au/flyer

SAVE \$25

Use coupon code
EARLY25 at checkout




A non-auditioned community choir where everyone is
welcome! rehearsing at Palmerston Primary School,
Pod 10

Tuesdays during term time, 6-7:30pm
New members always welcome and no auditions or
experience needed

More info here!





TEENAGE RESPITE EMMA RUBY HOUSE



New sensory space

The Ricky Stuart Foundation, in partnership with the ACT Government, constructed "Emma Ruby House" located in Cook, ACT.

Currently we operate several different services from the house and are able to tailor supports as required. Bookings for participants 8 to 12 years can be arranged.



World-class facility

Emma Ruby House is a world-class facility that provides services for young people with a disability operated by The Disability Trust.



TEENAGE RESPITE EMMA RUBY HOUSE





AVAILABLE SERVICES

- **Short Term Accommodation**
12-18 years
- **Day Program**
Monday to Friday – 18+ years
- **SLES**
Wednesday to Friday – 18+ years
- **Day Respite**
12-18 years
Shorter hours to allow families a break during the day on weekends
- **After School Care**
3-6pm Monday to Friday,
School terms
- **Vacation Care**
School Holidays – 12-18 years
- **Teen Social Group**
Weekends
- **Themed weekends**

If you would like more information about this program contact **Ashleigh Saunders**
P: 02 6147 6754 | E: Ashleigh.Saunders@disabilitytrust.org.au

The ACT Instrumental Music Program is seeking students who will be in Years 7-12 in ACT public schools in 2024 to audition for secondary extension ensembles.

Current Year 6 students continuing to a public secondary school in 2024 can apply for:

- Junior Concert Band (Woodwind, Brass, Percussion): Years 7-8 students in ACT public schools in 2024
- Percussion Ensemble (Percussion Only): Years 7-12 students in ACT public schools in 2024
- Senior Concert Choir (Singers): Years 7-12 students in ACT public schools in 2024 Students auditioning for Junior Concert Band and Percussion Ensemble must have previous experience on their instruments. These groups are not suitable for beginners. Students auditioning for Senior Concert Choir may or may not have previous singing experience. Auditions will be held online in Term 4 (30 October – 10 November). All audition requirements and pieces will be available on the IMP website by the end of Term 3. The ensembles are an excellent opportunity for hard-working, skilled and committed young musicians to work together in an enriching environment. The groups are active performance ensembles and the families of students auditioning will need to be prepared to make a strong commitment to rehearsal and performance attendance for the year. Further details and information about how to apply for an audition are available from the Instrumental Music Program website at http://www.imp.act.edu.au/our_ensembles/auditions The form to register for an audition can be accessed in the following three ways:
- http://www.imp.act.edu.au/our_ensembles/auditions
- <https://forms.gle/ExeEwb8EwLJ9UP148>
- QR code Information cards and posters will be available from the Music/Arts teacher at your child's school from Term 3 Week 5. Applications close Monday 16 October.



Contact Us

You can contact our school using our details below.

Palmerston District Primary School

80 Kosciuszko Ave

Palmerston, ACT

6142 1440

info_palmdps@ed.act.edu.au⁵

Visit us on the web at www.palmdps.act.edu.au⁶



⁵mailto:info_palmdps@ed.act.edu.au

⁶<https://www.palmdps.act.edu.au/>