



Palmerston District Primary School Newsletter Issue 5 2023

## Principal



#### Hello families,

Last week, we acknowledged Sorry Day and the start of reconciliation Week with emotional, moving and significant learnings all across the school. We thank Monica Harland and her colleague on guitar for coming along and performing an original song, beautifully backed up by all Yr 5 students. 'Connections in all directions' certainly was a big part of our learning last week.

Thank you to all the families who came along for both Assemblies, it was wonderful to see so many of you join us in the Hall. We are back to pre-covid times for sure.

Last week, I sent a short video to all families to gain momentum for family contributions to assist us shape our next big body of work. This week you will have been sent two different emails with two different topics that we would dearly love your support with.

Having a lot of responses will give us opportunity to make sure we are considering a vast array of information from our diverse families.

For those of you who may not have time to fill out the google forms, I urge you to, as we are really wanting to harness feedback from as many families as possible. You will have until Friday June 9th to have your say.

#### Task 1: Graduate Profile

In building a 'portrait' of a graduate, or a 'graduate profile', we believe this is a unifying first step toward creating a future-driven learning program at Palmerston DPS. We believe the Graduate Profile (or Portrait of a Graduate) should become an integral part of the way people perceive, talk about and experience our school.

It will be a visual representation of the essential skills and habits of mind that define learning experiences at Palmerston DPS. We want it to be aspirational, memorable and a public commitment to redefine success and showcase evidence of holistic learning.

Task 2:New Values – is it time to change?

Having completed the recent School Review - focussed on the last five years School Improvement journey - we have honoured the past.

Now, it is time to shape the future.

We would love to hear from our families about how we could 'lift and shift' the current PRIDE values to contemporary futures-focussed values, that better represent our 'essence'.

As a staff, we are currently examining the PRIDE values and looking at other options. During the current phase of clarifying our work - we generally feel there are better words to describe our students' journey through Palmerston.

After Friday 9th June, we will jump in to sift through all of the responses.

Thank you for your understanding when staff are away recently, and I daresay into the future as well.

We have a critical shortage of relief teachers across the ACT, so when teachers are away, and we cannot use our release teachers, splits are inevitable. With Directorate knowledge, there are times in some classes, across some sessions where viewing/listening/writing/drawing responses will be utilised. Executive Teachers and Deputy Principals also go on class, as well as staff taking on several additional duties at recess and lunch time. We hear on the grapevine that parents do not approve of this — we apologise, but there is little other option we have. We are creative in our approach such as: whole year level dancing on the basketball court and Yr 4 mentoring Kinder sports on the oval. The Directorate know, on a daily basis, how staffing is across all schools, and they work closely with us on a daily basis sometimes, and give directions of how to manage the day if we need to slide into Phase 2 — which is supervisory activities.

Keeping your ill child home, helps prevent the spread of germs to their peers as well as teaching and non-teaching staff. We are heading into winter, please know we greatly appreciate your decisions to keep unwell children at home.

Until next time, keep warm and enjoy the cooler temperatures.

**Kate Smith** 

Principal

Deputy Principal



There is nothing that warms my heart more than watching our students shine! Last week our Kindergarten students shone brightly as the hosts of our K-2 assembly. What courageous, confident and charming hosts they were! Their item was fabulous, and I even learned a few exercise moves to try at home. Thank you Kindergarten! Year One also did a fabulous job of bring a story to life through their sound scape presentation and the performance of the song Inanay. Such a beautiful thing to witness. Well done Year One. Year Two also should be commended for their powerful dance! The joy on their faces as they watched themselves on the big screen was magical.

Preschool have been working hard too and having fun along the way. They continue to lead us all as expert explorers of the world around them. This term they all had a special visit from Healthy Harold, an Australian icon and loveable friend to us all. After his visit many staff reminisced about their own childhood days and school experiences where Harold would visit in is special caravan to teach us all about living healthy lives and making good choices. I myself, can remember the butterflies in my stomach as a child, the excitement and anticipation, at the very thought of being in Harold's presence. I can still remember how soft he was as I cuddled him before saying goodbye. Thank you to our preschool staff for bringing Harold to Palmerston District primary School and organising this important event for our preschool friends.

I am always bopping, dancing and singing through the corridors of Palmerston Primary School. So you could imagine my delight when I heard the funky beats of Timmy and the Breakfast Band coming from the hall. What brought my heart even more joy was hearing the delightful shrieks and laughs of the children. I would like to thank Mrs Ryan for inviting Musica Viva to perform for the boys and girls in Kindergarten to Year Two. The group were entertaining and so much fun! The band were able to further explore emotions, feelings and interactions through their music. Such a clever, engaging and energetic way to demonstrate how make connections with our emotional intelligence.

In the coming weeks Year One students will attend an excursion to Muligans Flat. This will be a part of their learning about diversity. Students will be provided opportunities to be expertly guided through eco systems and be part of hands on experiences to explore the sanctuary and the world around them. Finally, a reminder for Kindergarten families. All children are offered a Kindergarten Health Check in their first year of primary school. A reminder to the Kindergarten families that Kinder Health Checks will take place on the **5th**, **6th**, **7th** and **8th** of June. As the website states, the aim of this program is to promote child health and wellbeing, and help identify children with potential health problems that may affect their ability to learn. You can find more information here <a href="https://www.canberrahealthservices.act.gov.au/services-and-clinics/services/kindergarten-health-check">https://www.canberrahealthservices.act.gov.au/services-and-clinics/services/kindergarten-health-check</a>

Marijana Pasalic

**Deputy Principal** 

## **Key Dates**



## **Sports Dates**

2nd June - North/Gungahlin Regional Cross Country

5th - 8th June - Kinder Health Checks

12th June - Public Holiday

13th June - Mulligans Flat Excursion Yr1

20th June - P&C Meeting 1.45pm POD 10

23rd June - P&C Disco

21st July - Save the date - Trivia night - Gungahlin Lakes Club (tickets on sale soon)

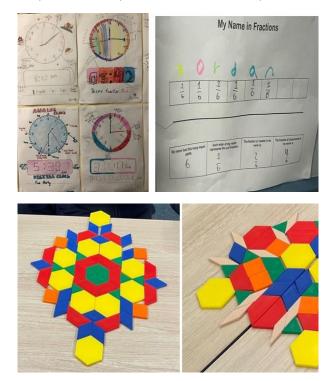
## Class Connections - Year 3

In our writing unit we have explored language features of expositions. We took a position on a posed question, used high modality words, such as absolutely, must and unquestionable to persuade and convince the reader of our point of view. Students will continue to explore language features at word, sentence and paragraph level. In reading workshops we have focused on the reading comprehension strategies visualising, making connections and predicting.



In Year 3 Maths we have been having fun learning to tell the time to the nearest minute, looking at symmetry in the environment around us, mapping familiar locations on a grid map with a focus on

showing position and pathways and also identifying fractions including halves, thirds, quarters and fifths (Some of us can identify fractions beyond this and can even plot them on a number line).



During inquiry this term, Year 3 have been learning all about place, from the different characteristics of places to how people might connect to them. Recently, we have learnt all about natural and manmade landmarks and created some vibrant posters of specific landmarks that included diagrams, the location, and some general information about the landmark.

## **Sports News & Information**



## **Palmy Sport**

Rugby Union Gala Day, Matt Giteau Cup, for years 3/4 and 5/6 was a great success in week. The Palmy teams learnt new skills and conducted awesome sportsmanship displaying the Palmy values. Well done to all that participated and thanks to Kate and Nate for your support with these teams.

The Sullivan Shield Rugby League Gala Day in week 6 was also a great success and Mr Stranger and Nate were on hand to assist the 3/4 and 5/6 teams. There were wins all round and again great sportsmanship was key.

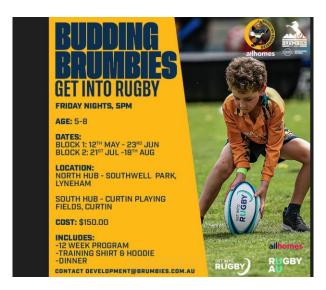
Jump Rope for Heart jump off day saw lots of students and teachers having fun skipping on the blacktop and basketball court and we raised over \$3100. Well done to all that participated and learnt new skills.

Good luck to the Regional Cross Country team representing Palmerston School at Mount Stromlo on Friday 2nd June.

Next term we will hold our Athletics Carnival Friday 11th August (week4) on our oval, fingers crossed for good weather! More info to come later this term.

### The HPE Team





We're excited to open registrations for Budding Brumbies 2023!

The program will feature two hubs, North & South Canberra, providing children aged 5-8 a safe and enjoyable rugby experience that both participant, parent / guardian and family can immerse themselves in.

Please see attached the program flyer with additional information – below are registration links to the specific hubs along with the program launch article.

- Canberra South Hub Registration Link: https://form.jotform.com/231148047174857
- Canberra North Hub Registration Link: https://form.jotform.com/231147274115853

**Program Article Link:** <a href="https://act.rugby/news/act-brumbies-and-actjru-launch-new-kids-program-2023327?fbclid=lwAR24e3yRtQ-VEbH1Bkxrk">https://act.rugby/news/act-brumbies-and-actjru-launch-new-kids-program-2023327?fbclid=lwAR24e3yRtQ-VEbH1Bkxrk</a> <a href="https://act.rugby/news/act-brumbies-and-actjru-launch-new-kids-program-202327?fbclid=lwAR24e3yRtQ-VEbH1Bkxrk">https://act.rugby/news/act-brumbies-and-actjru-launch-new-kids-program-202327?fbclid=lwAR24e3yRtQ-VEbH1Bkxrk</a> <a href="https://act.rugby/news/act-brumbies-actjru-launch-new-kids-program-202327?fbclid=lwAR24e3yRtQ-VEbH1Bkxrk">https://act.rugby/news/act-brumbies-a

## Rugby- Come and have a go!

Palmerston District Primary School is offering a FREE Rugby come and try program again over the course of the year beginning on Thursday 16 Feb, 2023 (week 3).

The program will run for 4 consecutive weeks at 3:10- 4:00 on Thursdays on the school oval. A Gungahlin Eagles Rugby Club junior coordinator and coach Leigh Hancock will facilitate the learning and fun activities, giving students a great introduction to Rugby.

There will be a teacher present for the program however parental supervision is encouraged to support the smooth running of this great program.

No equipment is required of the students and there is no cost. Please ensure your child is wearing appropriate running shoes, appropriate clothes, and a labelled drink bottle each week.

Term 1: years K-2

Term 2: years 3 and 4 (commencing Thursday 4th May)

Term 3: years 5 and 6

Term 4: years TBA

Please email Natalie.edwards@ed.act.edu.au<sup>1</sup> with their name, and class if you are interested in your child participating.

For information on enrolling in Gungahlin Eagles to play rugby this year please visit <a href="http://www.gungahlineagles.com.au/">http://www.gungahlineagles.com.au/</a>

Thank you for showing interest in Rugby.



2023 will be a great year for sport at Palmerston District Primary School. We are bringing back team sport gala days with the following sports:

Term 2-

ACT Tennis (online entry only)

AFL for years 5/6 (Coach required)

Rugby for years 5/6 (Coach required)

Buroinjin for years 5/6 (Coach required)

Tennis for years 5/6 (Coach required)

Term 3- Basketball for years 3/4 and 5/6 (Coach required)

Tennis for years 3/4 (Coach required)

Term 4- Rugby League for years 3/4 and 5/6 (Coach required)

<sup>&</sup>lt;sup>1</sup>mailto:Natalie.edwards@ed.act.edu.au

## P&C DISCO - FRIDAY 23rd June 2023

JUNIORS: Preschool – Yr 2 5:00pm-6:15pm (Doors will open at 4.45pm) SENIORS: Yr 3 - 6 6:30pm-8:00pm

Tickets **MUST** be purchased in advance All tickets are \$10.00 per child

Tickets can be purchased online: <a href="https://palmypandc.square.site/">https://palmypandc.square.site/</a>

Or in person at the uniform shop on Wednesdays from 8:30am

- All tickets include a juice or water at the disco, and a lolly bag to take home.
- Please drop child/ren off at the Car Park entry door of the hall and pick up at the Basketball Court door of the hall.
- Please escort your child/ren to and from the hall doors. Prompt pickup is required.
- Permission Note (below) MUST be provided ON THE DISCO NIGHT, to be admitted.
- Children will not be allowed to leave the hall without an adult collecting them from the door.

Please note: The disco is for Palmerston Primary students only. Students from other schools and siblings are not permitted to attend.

Please join the P&C Facebook page to stay up to date with upcoming events: www.facebook.com/groups/palmerstonprimarypandc

# PERMISSION NOTE - PLEASE BRING TO THE DISCO Friday 23<sup>rd</sup> June 2023: Juniors: 5:00pm – 6:15pm Seniors: 6:30pm - 8.00pm My child has permission to attend Palmerston District Primary School P&C Disco Child's Full Name: Class: Parent/Guardian Name: Parent/Guardian Signature: Contact Ph No:







## **Canteen News**

## **Canteen News**

Its lovely to see your students using the School Canteen. We would like to give you a few ideas to make their canteen experience a fun one.

Each week the canteen will have a "lunch special" that will be advertised on Face Book which you can select on the app.

Lunch & Recess orders can be placed via myschoolconnect.com.au Tuesday - Fridays

Recess – Over the counter & online daily.

Please remember to look at the recess & lunch snack and drink menu and ensure your child has enough money for what they wish to purchase over the counter. Prices start from \$1.00 in the Canteen.

We would appreciate it if you could not send large notes to school with your child.

Recess & lunch menus attached.

We would welcome any parent/career who would like to volunteer in the Canteen. You would need to have your WWVP card.

Thank you from the HKA team.

# HEALTHY KIDS ASSOCIATION -PALMERSTON DISTRICT PRIMARY

Over the counter sales Tues, Wed, Thurs, Friday lunch & recess

## **DRINKS:**

PLAIN MILK	\$2.50
JUST JUICE	\$2.20
FLAVOURED MILKS-CHOCOLATE/STRAWBERRY	
CHILL J	\$3.50

## FROZEN:

QUELCH STICKS	\$1.00
FROZEN JUICE CUPS	\$2.00
VANILLA ICE CREAM TUB-Light	\$2.00
TWISTED FROZEN YOGHURTS	\$3.00
PADDLE POPS-rainbow/chocolate	\$3.00

## SNACK FOOD:

POPCORN	\$1.00
MILO COOKIE	\$1.50
BANANA BREAD	\$2.00
MUFFIN	\$2.00
JELLY CUP OR CUSTARD CUP	\$2.00
SEASONAL FRUIT	\$2.00
MOUSSE	\$2.50



## ttealthy kids Canteen Menu Palmerston District Primary School Order online at myschoolconnect.com.au

term 2 2023

Sandwiches		#o+ meals		
All served on wholeheal bread unless otherwise requested.		Pasta Bologna	ise	SE
Wraps also available.		Pasta Napolita	na	\$5
Happy Little Vegemite (with margarine) V	\$3.00	Sausage roll		\$5
Cheese V	\$3.50	Veggie fried rid	De .	\$5
Cheese & tomato V	\$4.00	Beef lasagna		\$6
Ham	\$4.00	Veggie lasagn		\$8
Ham & cheese	\$4.80	Butter chicken	& rice (vegetarian available)	\$6
Ham, cheese & tomato	\$4.80			
Ham & salad	\$5.00	Die al-lu ave	and a land	
Ham, lettuce & mayo	\$4.50	Weekly spe	201912	
Chicken & cheese	\$4.50		0111	
Chicken & cheese Chicken & salad	\$4.50	Wednesday:	Chicken nuggets	\$6
		Thursday:	Crispy chicken burger wrap	
Chicken, lettuce & mayo	\$5.00	Friday:	Stone baked pizza	\$6
Tuna & cheese	\$4.50			
Tuna, lettuce & mayo	\$4.50	Snacks		
Rainbow: Lettuce, carrot, tomato,		Silacho		
cucumber, beetroot V	\$5.00			
Salad & cheese V	\$4.50	Fruit salad		\$4
Egg & cheese V	\$4.50	Popcorn		\$1
Egg, lettuce & mayo V	\$4.50	Cheesy garlic	bread	\$2
		Banana bread		\$2
tonal od cond Caboo Ch succes		Fruit jelly cup		\$2
toas+ed sandwiches (in press)		Homemade mi		\$2
		Corn on the co		\$1
All served on wholeheal bread unless white bread is requeste		Chocolate mou	ISSE	\$2
Happy Little Vegemite (with margarine) V	\$3.50	Milo cookie		\$1
Cheese V	\$4.00			
Cheese & tomato V	\$4.50	Note La		
Ham & cheese	\$5.00	Drinks		
Chicken & cheese	\$5.00			
Tuna & cheese	\$5.00	Water: 600ml		\$2
Egg & cheese V	\$5.00	Juice (orange/mango, apple, apple/blackcurrant)		
Ham	\$4.50	Flavoured milk (choc, strawberry): 300ml		\$3
Ham, cheese & tomato	\$5.50	Plain milk: 300	ml	\$2
		Chill J		\$3
		Sipahh straws		\$0
Looking to change up your sandwic	h?			
		Frozen		
		The state of the s		
		Frozen juice cup		\$2
		Twisted frozen	yoghurt	\$3
		Quelch sticks		\$1
Change +9; wrap				
Charle in all the free board OF	\$0.00			

# SKIP THE CANTEEN LINE WITH





# **Library News**

## Rebecca Cameron

## Teacher-Librarian



## Additional Information

## **Managing Staff Absences**

As the colder weather sets in, we expect to see a higher number of staff away at times due to seasonal illness and COVID-19.

To ensure that we continue to provide all students with quality learning with minimal disruption, we may be implementing temporary changes to our learning programs.

If required, some classes may be combined for short periods of time. We may also deliver student self-directed learning onsite using either online modules such as Google classroom or hard copy resources.

The school may also take the opportunity to temporarily modify timetables or work with external providers to deliver some programs. There may also be a need to postpone excursions and other extra-curricular activities until there is enough staff to support them.

Every school will implement these measures differently and has the flexibility to make choices that best meet the needs of their school community.

If changes are required at our school at any time, we will write to you to let you know. We will also ensure we keep you up to date on how long we expect any changes to be in place.

As always, we remain committed to providing our students with high quality learning experiences in a safe and welcoming school environment.

Thank you for your understanding.

## **Staying COVID Smart at school**

To help minimise the spread of COVID-19 and other illnesses in our school please remember the following:

- Students who are COVID-19 positive or displaying symptoms (including a runny nose, sore throat, cough, fever) should test and **must not attend school while unwell.**
- If your student is COVID-positive let us know.
- Practise good hand and respiratory hygiene.
- Keep up to date with vaccinations.

You can access free rapid antigen tests from the front office. Nasal and saliva tests are available.

For the latest COVID-19 advice please visit the ACT's COVID-19 website<sup>2</sup>.

## Safe parking around schools

The start of the school year is a particularly busy time in our school carparks and surrounding streets. It's important that we park safely and legally to support the safety of students.

<sup>&</sup>lt;sup>2</sup>https://www.covid19.act.gov.au/home

Parking on a footpath, nature strip or roadside verge can:

- · Cause safety risks for pedestrians as they are less visible to oncoming cars
- · Increase the risk for vulnerable members of our community like children, people who are visually impaired, and those using a wheelchair or pram
- · Restrict the line of sight for other road users
- · Restrict access for emergency services vehicles.

Parking on nature strips can also damage trees, footpaths, gutters and underground pipes and cables. Please also remember not to park across driveways or block neighbouring residents' properties.

As students return to school remember to also slow down and stick to the 40km/h limit around our schools between 8am and 4pm.

Parking inspectors regularly patrol school zones to support safe parking and keep students safe.

If you cannot find a car park in our school car parks, we suggest parking a little further away and walking or riding the rest of the way – it's a quick and easy was to get in some exercise too.

Let's all work together to keep our kids and community safe!

More information about travelling safely to school is available on the Transport ACT website<sup>3</sup>.

## **Well Being Journals**

Thank you for your patience in purchasing the "My Wellbeing Journey" book from the school.

The school "My Wellbeing Journey" books are now available to purchase at the front office via EFTPOS.

The prices are as below.

Years 1 – 5 - \$15.

Year 6 - \$10.

Please note, If a school book pack was purchased, there is no need to purchase the additional book.

 $<sup>{}^3\</sup>underline{\text{https://www.transport.act.gov.au/travel-options/schools/travel-safely-to-school}}$ 



## Host Family Needed

Dear Families and Friends,

We are still looking for host families for the balance of the 2023 school year for our visiting Japanese Teacher's Assistant. Takuto is a 23 year old with a great sense of humour. He is able to pay a contribution (\$200) towards board each week while he is volunteering at school. We hope to continue to run this program in 2024 with a 22 year old female student. but really need community support to do this. You could host anywhere from 4-10 weeks. Please get in touch with us if you can assist either this year or next.

kristina.collins@ed.act.edu.au4

<sup>&</sup>lt;sup>4</sup>mailto:kristina.collins@ed.act.edu.au

## **Community Connections**



## 50 years of IMP Instrumental Music Program

To celebrate 50 years of IMP 1973-2023

the program will be holding a reunion band event and concert on Sunday June 18

at Llewellyn Hall, ANU School of Music

Reunion band rehearsal 10.00-11.30am and concert 2.00-4.30pm

Former SCB – Senior Concert Band – students and staff are invited to join the band for the  $\underline{\text{day}}$  Families, friends and colleagues of the program are invited to attend the free  $\underline{\text{concert}}$ 

Follow our facebook page – "50 years of IMP"

Link to register for reunion band as a player

**□** \$60 \$65

https://forms.gle/YHSBSrDEJw91DUtd7

Link to access free concert tickets



https://www.trybooking.com/CGAJE







Our camps include T20 games and highquality coaching with specialists in batting, bowling, fielding & wicketkeeping focusing on the specific technical, tactical, psychological & physical skills required in each discipline.

Players will be exposed to a variety of games and drills designed to improve confidence, self belief, concentration, team work and leadership skills all while having a ball with their friends.











Is this your daughter?

Look no further than the Australian Girls Choir because we encourage, challenge and inspire girls as they learn to sing, dance and perform.









## **Enrol Now**

Your local public school has a place for your child to learn, develop and reach their potential. Online enrolment in the ACT can be made for children from Preschool through to Year 12, for ACT residents and NSW residents in the region surrounding the ACT.

Online enrolment for the current school year can be made using the relevant links below. Enrolment applications are assessed throughout the year when submitted.

If you have any questions about enrolment or schooling, such as setting up healthcare supports or inclusion and access adjustments for your child, please contact your local school<sup>5</sup> as soon as possible to discuss how we can best welcome, support and include your child.

## **2024 Enrolment Timeline**

- 26 April 2023 (6:00am) 2024 online enrolments open via the ACT Education Directorate website
- 2 June 2023 (11:59pm) Bulk round for Preschool completed. Enrol by this date to receive an offer from 24 July 2023
- Applications made after 2 June 2023 will receive an offer later in the year
- Families can enrol for 2024 at any time during the year after April 26 2023

<sup>&</sup>lt;sup>5</sup><u>https://www.education.act.gov.au/public-school-life/enrolling-in-a-public-school/school-enrolment-email-addresses</u>

- September to December 2023 Communication sent to families regarding 2024 school year/orientations
- Monday 29 January 2024 All new ACT school students commence first day of Term 1 2024

https://www.education.act.gov.au/public-school-life/enrolling-in-a-public-

## Contact Us

You can contact our school using our details below.

## **Palmerston District Primary School**

80 Kosciuszko Ave

Palmerston, ACT

6142 1440

 $in fo\_palm dps @ed.act.edu.au^7\\$ 

Visit us on the web at www.palmdps.act.edu.au8



<sup>&</sup>lt;sup>6</sup>https://www.education.act.gov.au/public-school-life/enrolling-in-a-public-school

<sup>&</sup>lt;sup>7</sup>mailto:info\_palmdps@ed.act.edu.au

<sup>8</sup>https://www.palmdps.act.edu.au/